

ISSUE 02/2013 **INSPIRA**



*Premium Brands
that Provide
Innovative
Lifestyle
Solutions*

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EARNING BIG THROUGH DIRECT SELLING

Mr David Wong, Area Vice President & MD, Tupperware Brands South East Markets was interviewed by Focus Malaysia business, a business weekly paper on the topic 'direct selling industry'. David shared his views on how many people see Tupperware Brands business as a viable way to entrepreneurship and independence as well as the Attractive Earning Opportunities we offered under our Tupperware Biz Plan.



FULL OF NATURAL GOODNESS

The Jan 2013 issue of Her World featured the entire Nutri range of skincare products that can be used day and night for a lifetime of beautiful skin!



WONDERS OF APRICOT IN A JAR

The secret to radiant, youthful skin is in choosing a product that works with the skin's own natural oils. Our star product, Nutri-Rich Oil by Nutrimerics was featured in Feminine Jan 2013 issue. It is a highly concentrated formula enriched with apricot kernel oil, carrot and palm oils to nourish and nurture skin.



NATURE'S HIDDEN TREASURE

Ginger has been traditionally known to promote energy circulation in the body. Our Nutrimerics Ginger Range was featured in the Feb 2013 issue of 4 magazines. The Ginger range is a potent blend of all natural ingredients – ginger extract, virgin coconut oil, avocado oil, apricot seed oil, macadamia oil and rice milk. These entire botanical essence blends together to detoxify and stimulate blood circulation, ultimately nourishing the body and uplifting the mind.

See all press clippings at www.tupperwarebrands.com.my/pressroom



INTEGRITY PAYS!

In the mad drive for success, status and recognition, people make all kinds of compromises. Some cheat, others cut corners and still others tell lies. Must we compromise our integrity and ethics in order to succeed?

Not so, says Jon M Huntsman, a self-made billionaire, the founder and Chairman of the world's largest privately held chemical company. Jon, in his book *Winners Never Cheat*, says "People often offer an excuse for lying, cheating and fraud that they were pressured into it by high expectations or that 'everyone does it'. ..Those excuses sound better than the real reasons they choose the improper course: arrogance, power trips, greed and lack of backbone...."

In Tupperware Brands Malaysia /Singapore we firmly believe that consistent long term sustainable success is built on the foundation of integrity as stated in our Values statement as follows:

“ We strive to do what is right in our words and actions. We will only undertake transactions which are legal, fair and where we have a clear conscience before God and man. ”

In the long haul, our character and values are more important than our skills and competence in ensuring consistent success. Here are some benefits of operating by integrity:

A Trustworthy Reputation

In business, a trustworthy reputation is a priceless asset. Our staff, sales force, customers and vendors will stick with us through thick and thin because they believe in us and appreciate our honesty and sincerity.

Increased Influence

Dwight Eisenhower said, "In order to be a leader a man must have followers. And to have followers, a man must have their confidence. Hence the supreme quality for a leader is unquestionable integrity." The more credible and authentic we are the more confidence people place in us increasing our influence for good.

Better Efficiency & Customer Service

When we create an environment based on openness, honesty and trust we will not fear duplicity, hypocrisy and false loyalties. Our staff and down lines will, together with us, own the vision and values, put in honest hard work and provide better customer service.

A Competitive Edge

A company or its top executives operating without integrity may offer products with no real value or offer cheap imitations. A commitment to integrity, however, means we will offer products with the highest quality even at greater cost to us. It also means not making any false or excessive claims. This will give us the ultimate competitive advantage.

Our tendency is to work harder on our image than on our integrity. But our integrity is what we really are. It shapes the decisions we make every day. Decisions that affect integrity are best made ahead of time before we are in a situation that asks us to compromise. Decide today to tell the truth, to follow your conscience and to honour your words.

Integrity makes business sense. He who lives by integrity will never be shaken!

David Wong

Area Vice President & Managing Director
Tupperware Brands South East Market



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Woman of CONFIDENCE

Leny Masayu

LENY MASAYU BTE MISKIMIN, SED

Leny was a Computer Science Lecturer for 11 years before she became her own boss. She is the second of six siblings and had a laid back approach to life. This Masters Degree holder has 4 kids ranging from 4 to 13 years old. She left her secure job to join Tupperware Brands full time in order to obtain more wealth and financial flexibility so that she can spend more time with her family and loved ones. She has not looked back since.

Q: We heard that you were a Senior Lecturer before joining Tupperware Brands. How did you become a Consultant?

A: I joined Tupperware Brands in 2006 as a Consultant solely with the intention of getting a quality product at a discounted price. I was a Senior Lecturer in Computer Science in MARA College, Kuala Lumpur for 11 years and during those years I came to realise the full potential I could have running the TWB business full time. So I tendered my resignation in June 2010 to put my 100% in this business and I've never regretted since.

Q: Do you make more money with Tupperware Brands than you did in your previous job?

A: My previous job as a lecturer gave me a secure income. The desire to have a better and unlimited income has made me quit my job. Alhamdulillah, it is the wisest decision I've made as I'm earning much more now.

Q: How has joining Tupperware Brands changed your life?

A: Tupperware Brands has not only changed my life but that of my whole family. Dreams I've always dreamed of have now become reality – I can now spend more time with my family without having to worry about bills. I also have the privilege to experience many great vacations to countless countries all over the world. What more when I achieved a free Toyota car from Tupperware Brands - life is just so fulfilling!

It is through this business that I attended ample trainings to hone my business skills and strengthen my confidence to handle responsibilities as a leader and manage my team. As my own boss, I am now a better decision maker as every single decision counts.

Q: What do you tell somebody that doesn't have the education how to run a business?

A: The Tupperware Brands business opportunity is not limited to people with a certain level of education. It is available to anyone who wishes to grab that opportunity. All businesses require determination and focus. Guidelines from the company and the upline are necessary to ensure that success can be swiftly achieved. Truly, this business is for anyone.

Q: What are your dreams and have they been fulfilled?

A: I'm so blessed to be able to dream and have them fulfilled. For instance, I used to watch other people driving superior cars and enjoying free vacation, and now I have achieved those things and more.

“Tupperware Brands has not only changed my life but that of my whole family. Dreams I've always dreamed of have now become reality!”

I've seen many successful women entrepreneurs, and now I have become one. It is my dream to help all my downlines who have been supporting me all this while to become successful as well, as I believe that when you help others, you'll succeed too!

Q: Do you agree that Tupperware Brands offers business opportunities to fulfill dreams?

A: Many people perceive Tupperware Brands as just a brand of a product. If we truly understand the Tupperware Brands business, it can be made into a fulfilling career and a steady source of income, either part-time or full-time.

Most people are looking for extra income, but they do not realize that such opportunity exists in Tupperware Brands. Now more and more people are living proofs that Tupperware Brands business has changed their lives for the better.

Premium Brands that Provide Innovative Lifestyle Solutions

Enhancing Contemporary Living and Lifestyle
by Karen Ng, Senior Marketing Manager



For over 60 years Tupperware has been designing products that help simplify people's lives. Saving time and money for the consumer by helping to keep food fresh has always been one of Tupperware's most important goals. Over the years Tupperware Brands have further evolved to enhance contemporary living and lifestyle.

Designed for the Modern Home

Subscribing to the design concept of functional space, Tupperware offers products that bring order to the modern home and kitchen with a delightful range of versatile and space saving systems suitable for urban living. For instance, our space saving Modular Mates is designed to organise the often cluttered kitchen pantries and cabinets. Other system like Tupperware Freezer Mate provides the perfect solution to save freezer space and extends the life of food by sealing in freshness and reducing contamination.

Makes Everyday Living Easier

Tupperware has created some extraordinary products that makes every day living easier. The Turbo Chopper which essentially makes 218 cuts in less than 15 sec saves time and makes cooking effortless. Just one pull of the string and you can chop herbs, create savoury sauces and blend baby food, without the use of electricity thus saving money. Entertaining guests also becomes easier as food can be prepared earlier, and then kept away in the fridge and merely needs to be reheated and served immediately with Tupperware Blossom Microwaveable Serve ware.

Going Green

As an environmentally conscious company, Tupperware has also developed the green lifestyle Eco Bottle to combat the increasing use of PET bottles. Realising that there are over 100,000,000 PET bottles used every year, out of which 85,000,000 end up in the landfills. Backed by a Lifetime warranty Tupperware Eco bottles never end up in landfills. Instead Tupperware quality products are made for reuse which also helps reduce disposables and waste contribution.

Products for "On-the-Go" Generation

For the on-the-go yuppies and cost conscious busy professionals, Tupperware has developed specific solutions to cater for their active lifestyles. Ranging from the Active Quencher Sports Bottles for your gym going individuals to the one-stop-solution Asian Meals premixed sauces which makes cooking a breeze. All you need to do is to add fresh meat and vegetables to create a hot meal at home in minutes. For the ladies, our Nutrimerics range of products offers the finest skincare and cosmetics that address the needs of women around the world with carefully selected, naturally derived ingredients that enrich formulations and deliver proven benefits.

Promoting Healthy Living

In today's fast paced society many suffer from cardiovascular and other diseases due to eating fatty or unhealthy foods. Tupperware is concerned about your health and wellness and promote healthier meals with the Steam It. As water is the single most important nutrient for our bodies and hence Tupperware has the state of the art Nano Nature Water Filtration System to

2013
KEY
FOCUS
Vision
& Values



provide cleaner, safer and nutrient-rich water with. To complement further to your well-being, Tupperware's Naturcare range of supplements like Colostrum DHA, BerryGen and Lacto-Fiber promotes a healthier life the natural way.

Nurturing Families

Other family members are not forgotten, as Tupperware also thinks of the little ones with our Twinkle Tup. A range of products designed especially for improving fine motor skills of little hands and eye coordination. And for that special picnic day where the whole family is ready to spend some time outside, our Small Goody Box ensures everyone has a bite to eat.

Meeting Unique Cultural Lifestyle Needs

Tupperware's products also transcend borders. From the east to the west, there are products ranging from the Korean Kimchi Keeper, the Japanese Kimono Keeper, the Asian Rice Dispenser to the European Cheese Keeper...Tupperware has something for everyone under the sun.

Beyond Design

Trusted for generations and designed for everyday use, Tupperware products have passed stringent tests and are built to last. They are quality products that are food-grade safe, non-toxic, and does not leach chemicals into food, which is integral to family health. Buying with confidence is assured with Tupperware products that are guaranteed against chipping, cracking or peeling under normal non-commercial use for the lifetime of the product!

Continuous Research & Development

Tupperware's robust research & development continuously focuses on the best materials to deliver superior, sustainable solutions to meet and exceed consumer lifestyle changes and needs. For example, we have a series of baking products named Tupperware UltraPro, which is made from the same materials used in an aircraft which is fire resistant. Indeed, one can use Tupperware with pride!

Tupperware Brands - The World Class Premium Brands

Tupperware's drive to design, inspire and enhance the lifestyle of many of our customers has led to the winning of international awards such as the Industrial Design Excellence Awards, the Reddot Award, IF Seal Award, BrandLaurette Award, Superbrand Award and many others. With these countless accolades, it is no wonder why our loyal customers have an unwavering faith in the brand and continuously rave about our products.





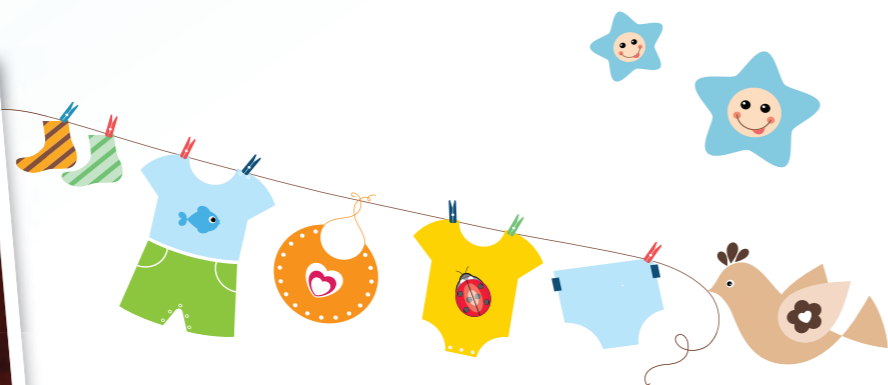
Introducing TwinkleTup




Over the years, we have received enormous requests to create a line of Kids range. We heard you and we have undergone extensive research and development with experts such as Ms Ruth Liew (Child Developmentalist) as well as focus group studies with local mothers to understand their needs. We are happy to bring you Twinkle Tup!



Ruth Liew is U.S.-trained Child Developmentalist and Montessori Trainer with over 2 decades of professional experience. She is a published writer of 4 books and an editor for a recent publication, Children can Cook. Ruth Liew has trained over thousands of parents and teachers in Malaysia, Australia, Singapore and The United States of America. She used to pen a popular parenting column, Childwise in The Star that lasted 18 years. A strong child-advocate, Ruth believes in speaking out for children's rights and paving the path for children to stand up for themselves.



Twinkle Kidz Set
18 - 36 months

The expert says...

"Self-help skills such as eating, toileting, dressing and undressing are daily activities children learn to master as they grow. They show an interest in learning these skills, but they need their parents' encouragement, help and patience to allow them time and practice.

Children benefit from experiences that enhance the development of their fine motor skills enabling them to use their fingers and hands. The young ones need strength and dexterity in their hands and fingers, as well as eye-hand coordination before they can hold a pencil to write on paper. They are many simple activities young children can do at home to develop their skills.

Self-feeding for young children is one of them, starting as early as 6 months to 24 months can greatly help them to support their fine motor skills. Babies start off with their Palmar grasp and wave the object around. When they learn to put the grasped object into their mouths, they are starting to be more focus on their eye-hand coordination. This is when parents can give their child a suitable drinking tumbler for water, milk or juice drinking.

The young child needs practice in developing his fine motor skills. The more he gets to feed himself drink and food, he will also develop strength in holding objects, ranging from using his whole hand to using only his fingers. The young child will gain great feat in simple fine motor skills required in self-feeding, eventually leading on to handwriting with a pencil or a pen.

Children gain confidence and are happier when they can self-help, especially being able to feed themselves. Being able to take control for young children means being independent, something they are aiming for since birth. When children are more independent, they are better behaved and are more cooperative.

Specially designed self-feeding utensils such as the Twinkle Tup can enhance the child's eye-hand coordination, making it easier for him to hold the tumbler firmly. The toddler who starts feeding himself will be happy to scoop up every morsel with the appropriately designed spoon and bowl in the Twinkle Tup.

Children are attracted by the colours and the design of their Twinkle Tup Range feeding utensils. They enjoy the texture and the firm grip where they can use their whole hands or using fingers on the ergonomic curve. Using high quality and safe feeding utensils, they will feel more confident as they practise their fine motor skills. This will eventually lead to setting the stage for success in their academic learning in later life."



Twinkle Totz Set
6 - 18 months

Use with Confidence.
All Twinkle Tup products are
BPA FREE



SCOLIOSIS in Children

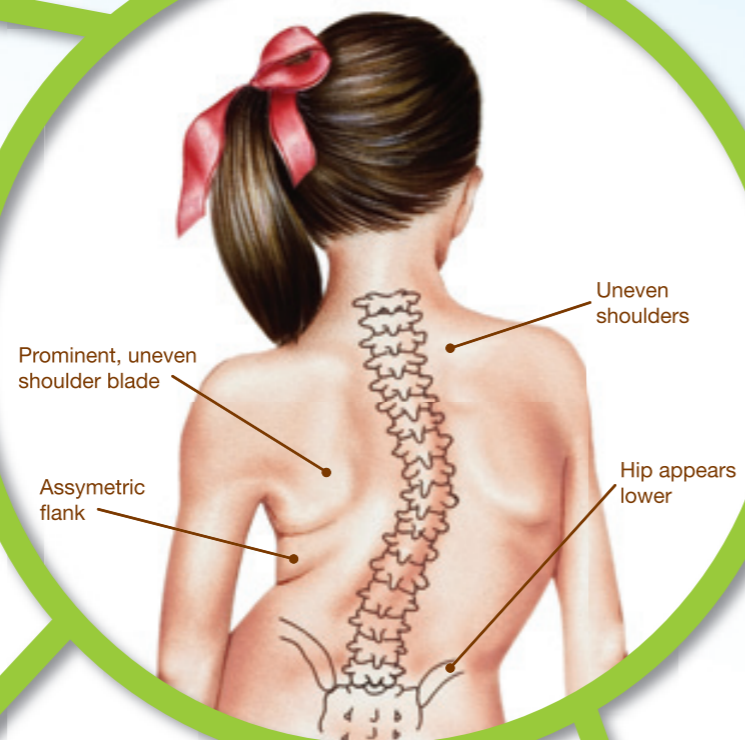
What is Scoliosis?

Scoliosis is a condition in which the spine curves, compared to a normal straight spine. This most often occurs during puberty, when children experience a big growth spurt.

What causes scoliosis?

In over 80 percent of cases, the cause of scoliosis is unknown—a condition called idiopathic scoliosis. Scoliosis is more common in females than males.

According to the National Institute of Arthritis and Musculoskeletal and Skin Diseases, three to five out of every 1,000 children develop spinal curves that are considered large enough to require treatment.



If your pediatrician diagnoses your child with scoliosis, now is the time to ensure you offer a diet rich in calcium and vitamin D to help prevent osteoporosis.

Effects of Calcium

Calcium is an essential mineral that helps build bone mass. In the long term, regular calcium consumption during childhood helps prevent osteoporosis during late adulthood. Examples include yogurt, skim cheeses or skim milk.

Vitamin D

Vitamin D is another nutrient that helps prevent osteoporosis. Vitamin D helps your body absorb calcium. This is why you may find that certain foods, such as milk, are fortified with vitamin D. Sources of vitamin D include cereal, fatty fish (salmon, mackerel, sardines), fish liver oils, and eggs. Exposure to sunlight (between 10am – 3pm) also ensure the production of Vitamin D in the body.

Prevention/Solution

Diet and nutrition alone will not help prevent or treat scoliosis. However, following a balanced diet helps scoliosis patients feel better. It is vital you offer your child a calcium-rich diet and vitamin D to help aid bone growth and prevent osteoporosis. If your child lacks these nutrients in his or her diet, supplements are recommended.

Introducing the New Improved NaturCare™ DHA Colostrum with added Vitamin D

Now added with Vitamin D3 to help prevent thin, brittle bones by helping the body to absorb calcium and promote optimum bone growth.

Presentation:



60
chewable
tablets
per bottle



16
chewable
tablets
per box

Suggested Dosage:

Children
Chew **2 tablets** daily,
at any time

Adults
Chew **4 tablets** daily,
at any time

- ✔ Defends Immune System
- ✔ Repairs Cells and Wounds
- ✔ Supports Optimal Brain and Bone Growth
- ✔ Better Memory and Focus



CONGRATULATIONS!

SENIOR EXECUTIVE DIRECTOR



Jan 2013
FOON KWAI LIN



Jan 2013
NURLIDA OTHMAN

EXECUTIVE DIRECTOR



Jan 2013
UNG YU YI



Jan 2013
LIM SHIEW YOONG



Jan 2013
**MOHAMED HELMY
B ALI SABARMISI**



Jan 2013
**MAS AYUZIE
JAMALUDIN**



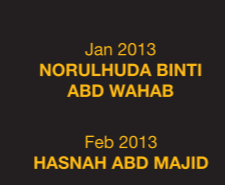
Jan 2013
ROSNAH BT YUSOF



Jan 2013
**NORULHUDA BINTI
ABD WAHAB**



Feb 2013
LEOW CHAI FUNG



Feb 2013
LAI ENG SUAN

Jan 2013
HASNAH ABD MAJID

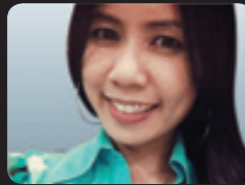
ASSOCIATE EXECUTIVE DIRECTOR



Jan 2013
SOO SUAT LEE



Jan 2013
NOROL AZWA BT NORDI



Feb 2013
**AMALINA HARIZA
BINTI MD RIZAL**



Feb 2013
LAILANI BINTI MOHAMED

Feb 2013
SIM SIEW HONG

5 STARS DIRECTOR



Jan 2013
**ESPERANZA MARIA
SULIT**



Jan 2013
LEE WEE KIAT



Jan 2013
JENNY THEN



Jan 2013
**ZULAIKHA BINTI
ZAINAL**



Jan 2013
LIM SIOW YEN



Jan 2013
**YUNIZA BT MD
YUNUS**

Jan 2013
**NORAINI BINTI OMAR
SITI NOOR HAFIDZAH
BT MAMAT
JOEL LEE YU JUAN
SITI ROHANI BT YUSOFF
HAFIZAH BINTI MAT ALI
RAFIDAH BT SULAIMAN
NORAINI BINTI ABDUL LATIFF
JOHN BONG JOON SENG**



Jan 2013
CHAN FANG ZHE



Jan 2013
**KAMARUZAMAN
BIN KAMARUDIN**



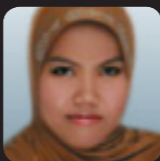
Jan 2013
**NORLELA BINTI
UTOH NAIN**



Feb 2013
**SITI VEEDA
MAK SU**



Feb 2013
**HAIJJA BINTI
SALIMAN**



Feb 2013
**ZAKIAH BINTI
DERAHMAN**

Feb 2013
**WONG AH MOOI
PANG KHEE ENG
KHAIROL ANUAR BIN AZMAN
LEE BENG TEIK
MOHD KAMARUZAMAN
BIN ALI
MOHD NORKAMARULEZANE
BIN MOHAMAD ZAIN
WAN NOOR SUZAILA BINTI
WAN SULAIMAN
SOH ENG WAH (SINGAPORE)**

3 STARS DIRECTOR

JAN 2013

SURIYANA BT SULONG
JONG NIYET LAN
LIM SIEW LI
HO MUN PEI
AHMAD ZIKRI BIN AHMAD JEFFREY
FADILAH BTE MAMAT
ROSMILIA MD NOOR
MOHAMMAD IZZAQ BIN AZMAN
CHOY CHOON HA
MAGGIE LIM BEE HEE
CHAW KIM LIN
ROSNAH BINTI KASIM
MARDIANA MAT HASSAN
NOOR DIEZA RAMELI
LUM CHEE GWAN JOYCE
SITI JOHANNES BT MD JAPILUS
SUHALAH BINTI HAMIZOL

KU INTAN RUAIDA BT
KU ABD HALIM
NOR AZAH BINTI AB RAHMAN
WAI KOK KEONG
ROSENA BINTI MALEK
SUSANTY BT ARSAD
MOHD RASYIDI
MOHAMMAD REZMAN
NORFADLINA BINTI ABD JALIL

FEB 2013

ZURIANA ABDUL MANAB
LING KIEN MING
KOH MEE ING
NORZAITON BINTI GHANI
AFIFAH BINTI MOHAMAD
MOHD FAIZ FAZLI BIN IBRAHIM
LEE WAN KUAT@LEE SOK CHENG
SITI NOOR AZIMAH BT JUSOFF
FARINA FATASHYA BINTI MUHAMAD
NUR AZRIN MARIDAN
HASLIZAN BIN HASSAN
KHAIRIL ANUAR BIN MOHD ALI
ROHANA BT YAHYA
NORIHAN BINTI MD SAHAD
NORHAYATI MOHD NOR
JUMAIN BIN MATANG
HANINAH BT. BACHO

YEONG SOK NAN
RUHANA BT A. RAHMAN
LEE CHEE WAN
TEE YOKE KIAN
SALWINA OSMAN
AMELIA BINTI ABDUL RAHMAN
SITI HURAINA BTE ABID
TEONG MING YONG
WAN NURUL ASMAQ BT WAN MOHAMMAD
TAN LEH BUN
KONG EWEE KEAT
SITINOOR AISHAH BINTI ISMAIL
NORAZLIZA BINTI ABDUL AZIZ
NORLIA BINTI SOBORI
EVELYN CLEMENTS
AZZAH BTE MAAROF
LEE YEONG JEN

“ LIFE IS MORE FULFILLING WITH TUPPERWARE BRANDS ”

Louis Ung Yu Yi, ED

I basically grew up in the Tupperware family. I'm currently working full-time as a Business Development Executive but that never stop me from being actively involved in building my Tupperware Brands business. I take the time after working hours and weekends to grow my team. I feel it is important to work closely with our directors so that they too will achieve the same success as I have.

There is a saying which inspires me greatly, "When you are down, you go up (refer to your upline)...When you are up, you go down (share with your downline)." No words can describe the joy that I have from meeting people from all walks of life and helping them change their lives for the better.



“ PELBAGAI PELUANG DI TUPPERWARE BRANDS ”

Lailani Binti Mohamed, AED

Setelah menjalankan Bisnes Tupperware Brands, saya telah berjaya mendapat pengiktirafan dari masa ke semasa selain dari menambah pendapatan dan berpeluang untuk melancang ke serata negara secara percuma.

Bisnes ini juga mengajar saya untuk bergerak secara berkumpulan dalam membina kumpulan niaga yang berjaya.

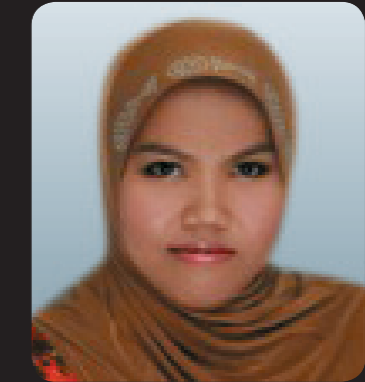


“ PELAN TUPPERWARE BRANDS BERKESAN ”

Zakiah binti Derahman, SSD

Saya adalah seorang isteri, ibu, kakitangan kerajaan dan pelajar E-PJJ. Berniaga adalah satu cabang yang amat diminati sejak kecil memandangkan kebanyakan ahli keluarga saya di kampung terlibat dalam perniagaan kecil-kecilan. Saya juga pernah mencuba pelbagai jenis produk MLM tetapi hanya Tupperware Brands yang memberi impak besar dalam hidup saya.

Tupperware Brands telah mengubah hidup saya bukan sahaja dari segi peningkatan dalam sumber kewangan tetapi juga menjadi seorang yang lebih berkeyakinan. Bagi saya, pendekatan yang diperkenalkan oleh Tupperware Brands dalam memberi sumber ajar tentang bagaimana untuk mencapai sesuatu target/cabaran samada untuk insentif 'Trip' atau kereta sangat berkesan. Ia memudahkan saya merancang dalam meningkatkan lagi jualan.



“ BE ENTHUSIASTIC AND LOVE WHAT YOU DO ”

Joanne Chan Fang Zhe, SSD

Before joining the Tupperware Brands Business, I was a teacher at a government school. To improve my earnings, I also gave piano and violin lessons. I've always dreamed of starting my own business so that I could have more financial power and family time.

I joined Tupperware Brands purely out of passion as I love collecting all the limited release products. I started seriously working on the business plan when I realize how much potential there is if I could just concentrate and work on building my people. I started doing recruiting and sharing this business anytime and every time I meet new people - I even introduced Tupperware Brands to the nurses when I brought my son for his medical treatment. I feel very excited whenever I get to share the business with others and seeing my business grow gives me the motivation to aim higher each time. I wake up at 5am every morning to ensure that I get my planning and meeting arrangements done and look forward to having a great, productive day.



Use With CONFIDENCE

NanoNature Water Filtration System

With the many reports of water contamination be it due to chemicals or having unimaginable dead objects, many people do not feel safe drinking tap water.

Unless you have a good water filtration system only then you can safely say that you can drink with confidence and peace of mind.

NNWFS using the breakthrough Nano Technology in its Nano-Ceram wrap, provides a 3-stage filtration which filters, purifies and enhances your water with beneficial minerals giving you quality water that is the basis of good health. Not just for drinking, you can use it for washing, rinsing, cooking or even in humidifiers as the Nano Nature filtered water will enhance the process, making it a must-have in every home!

水源被污染的事件屡屡发生，譬如水中含有化学物质，甚或水槽内发现死物。因此，许多人都会对自来水的的天性产生忧虑。

除非您的家中已经备有一台品质优良的过滤水机，否则您很难可以确定您所喝下的水是安全的。

NNWFS采用突破性的纳米技术制造Nano-Ceram滤膜，其三重过滤功能可过滤、纯净和改善水质；让含有矿物质的优质水协助您维持健康。除了饮用，你也可以用它来洗涤，冲洗或烹饪，或用于加湿器；这是因为Nano Nature过滤水可改善整个过程，成为每个家庭的必需品！

Paparan laporan pencemaran air, sama ada akibat bahan kimia atau objek-objek mati yang tidak dapat dibayangkan, yang semakin kerap sejak kebelakangan ini menyebabkan orang ramai tidak lagi berasa selamat untuk meminum air paip.

Hanya sistem penapis air yang baik boleh memberi keyakinan penuh bahawa air yang anda minum tidak akan memudaratkan tubuh dan kesihatan anda.

NNWFS mengaplikasikan Teknologi Nano tercanggih dengan Penapis Nano-Ceram untuk penapisan 3-peringkat. Ia berfungsi menapis, menulen dan menambahkan khasiat mineral berkhasiat ke dalam air minuman anda untuk membekalkan air berkualiti tinggi yang menjadi asas kesihatan cemerlang. Ia bukan sahaja baik untuk diminum, malah ia juga boleh digunakan untuk membasuh, membilas, memasak atau diisi ke dalam alat pelembap udara kerana air tapisan Nano Nature mampu mempertingkatkan keberkesanan setiap tugas. Ia semestinya merupakan alat yang perlu ada di dalam setiap kediaman!

Satisfied Users

Dzaliha Binti Hassan, AED

Saya berusia 76 tahun dan menghidap penyakit asma. Saya pernah masuk wad disebabkan penyakit ini. Tahun lepas, anak saya membeli sebuah Nano Nature Water Filter dan saya amat suka sebab airnya bersih dan yang paling penting, saya tidak perlu memasak air lagi. Dengan secara tidak langsung, saya mendapati bahawa saya semakin sihat berbanding dahulu, walaupun umur semakin meningkat. Dengan ini, anak-anak saya di kampung turut membeli Nano Nature Water Filter untuk kegunaan masing-masing.

Noraniza Binti Said, AED

Saya pernah menggunakan water filter dari pelbagai jenama tetapi air dari Nano Nature Water Filter lebih segar berbanding yang lain. Anak-anak saya yang kurang suka minum air kosong, kini dengan Nano Nature filter mereka suka minum. Saya juga suka memasak nasi dengan air Nano Nature, nasi juga didapati lambat basi. Untuk mengurangkan jerawat dan menyegarkan kulit muka, saya mencuci muka dengan air Nano Nature setiap hari.

NNWFS for everyday use

HEALTH & BEAUTY

General Health: Filtered water greatly reduces the risk of rectal cancer, colon cancer, and bladder cancer by removing chlorine and chlorine by-products from drinking water. Also the risk of gastrointestinal disease is reduced by more than 33 percent by removing cryptosporidium and giardia from drinking water¹.

Detox: Most detox regimes recommend flooding the body with filtered water, rather than tap water. Infusing the body with water will immediately stimulate your kidneys, liver and digestive system's (primary detox organs) functions. It will boost your metabolism, which in turn accelerates toxin and fat elimination.

Rinsing hair and skin: Tap water is very bad for our hair and skin as the chlorine and other chemicals deposited in the water can have a very negative effect. Skin pores widen while showering, making dermal absorption of chlorine and other chemicals possible. The chlorine in showering water can cause rashes and other skin irritations when absorbed by the skin and scalp, thus drying out skin and making hair dull. To ensure soft skin and silky hair, rinse with filtered water that is free from chlorine.

HOME

Plants: Poor water quality can make plants turn brown and not bloom, so be kind to your green friends and give them filtered water that is chlorine and contaminants free.

Humidifiers: To breathe clean air, use clean filtered water in your humidifiers. It is very important that you use only filtered, purified water in the humidifiers to protect your health and your family's health. For the elderly and those with weakened immune systems, it is not good to breathe volatile chemicals and other allergens if they fill the humidifier's water reservoir with chemically contaminated water (such as well water or groundwater water polluted with hydrocarbons and pesticides). Volatile chemical compounds will get projected along with fine water droplets, causing health problems in the long term.

NNWFS的日常用途

保健和美容

维持健康：由于水中的氯和氯气副产品已被滤除，因此饮用过滤水能够预防患上结肠癌、大肠癌和膀胱癌的风险。此外，通过滤除水中的隐孢子虫和贾第鞭毛虫，患上胃肠病的风险也降低了33%¹。

排除毒素：大部分的排毒方案都建议将身体浸泡在过滤水中，而不是自来水中。身体泡在水中时，会立即活化主要排毒器官，譬如肾脏，肝脏及消化系统的功能。这也将能促进你的新陈代谢，从而加速排除毒素和脂肪。

冲洗头发和皮肤：自来水中的氯和其他化学沉淀物，会损害我们的头发和皮肤。我们洗澡时毛孔会扩大，因此氯和其他化学成分有可能会通过皮肤渗入人体。此外，皮肤和头发吸收了淋浴水中的氯，也有可能引致皮疹等皮肤过敏问题，并导致皮肤干燥和头发失去光泽。为了确保柔嫩的肌肤和柔滑的头发不受劣质水的影响，请记得使用无氯的过滤水。

家居

盆栽：劣质水源会让家中的盆栽枯黄和没有生气，因此，您可以善待这些绿色朋友—使用不含氯和污染物质的过滤水浇花。



加湿器：您应注入干净的过滤水，以呼吸到清新无比的空气。为了维持您和您家人的健康，请确保使用已过滤的纯净水。对于免疫系统较弱者或老年人，若使用已经受到化学物质污染的水（如受到碳氢化合物和农药污染的井水或地下水），就会吸入有害健康的挥发性化学物质和其他过敏原。挥发性化学成分会随着加湿器的蒸汽被人体吸入，而造成长期性的健康问题。

NNWFS untuk kegunaan harian

KESIHATAN & KECANTIKAN

Kesihatan Am: Air bertapis bertindak menyingkirkan klorin dan produk sampingan klorin daripada air minuman. Oleh itu, ia amat bermanfaat bagi mengurangkan risiko kanser rektum, kanser usus dan kanser buah pinggang. Selain itu, risiko penyakit gastrousus juga dapat dikurangkan sebanyak 33 peratus apabila proses tapisan menyingkirkan cryptosporidium dan giardia daripada air minuman¹.

Detoks: Kebanyakan regimen detoks mengesyorkan pengambilan air bertapis berbanding air paip bagi membersihkan tubuh. Penggunaan air sebegini akan bertindak serta-merta untuk melancarkan fungsi buah pinggang, hati dan sistem pencernaan (organ-organ detoks utama). Ia juga boleh merangsang metabolisme anda, seterusnya mempercepatkan perkumuhan toksin dan lemak.

Mencuci rambut dan kulit: Air paip boleh merosakkan rambut dan kulit akibat kesan-kesan negatif klorin dan bahan-bahan kimia lain yang terkandung di dalam air. Selain itu, saiz pori yang lazimnya membesar semasa mandi akan meningkatkan penyerapan klorin dan bahan-bahan kimia yang lain melalui kulit. Klorin dalam air mandian boleh mencetuskan ruam dan pelbagai masalah kerengsaan kulit apabila

ia diserap oleh kulit dan kulit kepala, sekaligus mengeringkan kulit dan menyebabkan rambut kusam dan tidak berdaya. Bagi memastikan kulit lembut dan rambut cantik berseri, bilaslah tubuh dengan air bertapis yang bebas daripada klorin setiap kali anda mandi.

KEDIAMAN

Pokok hiasan: Kualiti air yang teruk boleh menyebabkan pokok berwarna keperangan dan tidak berbunga. Oleh yang demikian, peliharalah tumbuh-tumbuhan hijau anda dengan baik dan siramlah dengan air bertapis yang bebas daripada klorin dan bahan cemar.

Alat Pelembap Udara: Untuk menikmati hembusan udara segar di dalam rumah, gunakan air bertapis yang bersih di dalam alat pelembap udara anda. Anda perlu menggunakan hanya air bertapis yang tulen di dalam alat pelembap udara bagi melindungi kesihatan anda dan seisi keluarga. Kesihatan warga emas dan mereka yang mempunyai sistem imun yang lemah pula mungkin lebih mudah terjejas jika mereka menghidu bahan-bahan kimia meruap dan alergen lain apabila bekas air di dalam alat pelembap udara tersebut diisi dengan air yang dicemari bahan-bahan kimia (seperti air telaga atau air bawah tanah yang tercemar dengan hidrokarbon dan racun perosak). Pendedahan jangka panjang kepada bahan-bahan kimia mudah meruap yang tersebar ke udara bersama titisan air boleh mengakibatkan masalah kesihatan.

Look out for tips on how you can use NNWFS filtered water for food preparation in the next issue.

下一期我们将为您介绍一些使用NNWFS过滤水准备食材的小提示。

Ketahui tip-tip tentang bagaimana anda boleh menggunakan air tapisan NNWFS bagi penyediaan makanan di dalam isu berikutnya.



Reference: 1 <http://www.waterhealthconnection.org/login.asp?referPage=chapter3.asp>



1st Ever STAR BOOT CAMP

87 happy Star Boot Camp participants consisting of Star Directors and above attended a 2½ day fun-filled boot camp training at Cameron Highlands where they learnt hands-on how to party their way to success, effective communication skills, and ways to identify and build their dream team of Directors.

This Star Boot Camp is part of Module 5 of the Confidence Program (a 10-module program designed to help Consultants succeed in the Tupperware Brands Business) which will be carried out once every 4 months, with the aim to help our Sales Force develop and build knowledge and skills to better equip them to face their daily challenges.

So if you have yet to participate, do check with your uplines on the requirements to achieve this and aim for the next Star Boot Camp! You deserve to learn from the best!

- ★ **Adeline Kagut, 3SD**
I'm so glad I participated in this highly motivating boot camp. This boot camp is really a mind opener for me. I've learned so much from profiling a prospect to improving my communication skills, not to mention the major boost in confidence!
- ★ **Yeoh Siew Kuan, 1SD**
It's great to learn and share in a big group as I really picked up and learned so much during the Star Boot camp, especially tactics and skills to conduct a successful and fun party. In Tupperware Brands, we feel a sense of belonging, just like a BIG FAMILY. I could feel the friendliness and eagerness from other participants to share their stories and tips with others.
- ★ **Tan Soo San, 5SD**
The topics covered were really practical and I'm eager to apply that and share with my team to see us succeed together.



Say Bye Bye to Mr Weevil

Rice weevils (*Sitophilus oryzae*) are tiny beetles that can infest grains and rice foods stored in your kitchen; such as wheat, rice, breakfast cereal, crackers, and more. These weevil pests will infest your food when female weevils have unnoticeably burrowed and laid eggs deep into the grain and rice kernels.

Although infestation may be undetected at first, you may notice the tiny black beetles weeks or months later after the eggs have hatched.

There are several steps you can take to prevent weevils from invading your kitchen and infesting your other foods:

- 1 Place bay leaves or cloves inside your containers of grains and rice to naturally deter weevils from infesting your food.
- 2 Freeze the flour. As soon as you bring flour home, seal it inside a Freezer Mates and put it in the freezer for 96 hours (four days). Remove and store as usual. The freezing process will kill off any eggs and weevils already present in the flour.
- 3 Keep flour or grains in Modular Mates. Storing dry ingredients in a container with a lid can prevent spread of weevil infestations through the kitchen.
- 4 Remove all food from the cabinet or pantry. Throw away all food that is or might be contaminated. Be sure to check your sugar, grains, dried beans and breakfast cereals for signs of weevils.
- 5 Do not throw contaminated food away in a kitchen. Throw it outside, or else weevils may come back.

Tip: Weevils infest at warm temperature. Keep your Rice Dispenser in a cool, dry place, ideally below 25°C, to prevent them from hatching their eggs.



A Swipe a Day Keeps Weevils Away!

Yes that's right! The Tupperware Rice Dispenser is an elegant solution that easily dispenses, keeps rice fresh and minimise weevil infestation in old rice. This nifty device is filled from the top and drawn from the bottom. Thus, old rice is always used before the new, keeping rice perfectly fresh. With the efficient Rice Dispenser, there is no spill when drawn and rice is also kept dry and clear from pests!

It adopts the first-in-first-out method, so rice is rotated for freshness and dispensed accurately without any spills.



First-in-first-out rotation keeps rice fresh.



Non-slip rubber base. Keeps water out.

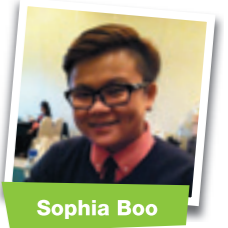


One slide dispenses exactly one cup of rice (150g).

How to Organise Lunch n Learn PARTIES through Cold-Callings



Scared of being rejected? Don't know what to say when doing cold-calling? Fear not! Let Sophia, our Training Manager show you how!



Sophia Boo

1. Knocking on random doors

- Look for a busy office area and start knocking on their doors
- Walk in and look for the person in charge. Look for someone of a higher position who can make decisions (ie: HR Manager, Branch Manager, Manager etc). *If the Manager not available, ask for their contacts (ie, emails, contact numbers) and follow up with an email or a call
- Introduce yourself and explain your objective; to promote an education programme on healthy-living and eco-living solution during Lunch n Learn
- Remember: Your objective is not to SELL, but to EDUCATE
- Request for a 1-hour lunch break (meal included) to educate the company
- Set an appointment; date, time and no of attendees to prepare lunch
- Be there on the actual day and WOW your attendees!

2. Through circle of friends

- Start with the people around you! Call your friends and family to make an appointment to organise a Lunch n Learn Party at their offices!
- Ask for recommendations of people to contact and start making your calls.

While doing cold-calling, you may face many rejections and doors slamming at your face along the way. Keep trying and don't give up! Be Bold and have the Dare To Do spirit in YOU!

*From Rafak Suria
Dayang Rita, Kuching:*

The first Lunch n Learn was a little nerve-wrecking for us. It was a learning curve for us but after a few parties we are now better equipped and well prepared for the next party.

This Lunch n Learn program has taken us out of our comfort zone. Daring ourselves to go out and look for opportunities instead of waiting for opportunities. My Directors are very excited with this initiative and we will continue to drive it to reach out to more offices.

*From New Chara
Annie Chong, Kuching:*

Initially when Sophia shared this idea, we knew it was not easy as most of the offices especially government sector, do not welcome Sales People. However, we learnt to do it differently - by offering an educational, healthy-living solution and eco-saving sharing session, and our proposals were readily accepted by most offices.

In less than 1 day, we successfully dated 3 Lunch n Learn Parties, with 87 attendees in total!

FIAKER

In Vienna, a horse-drawn coach or the coachman himself is called a “Fiaker”. The inner city is full of Fiakers and they are part of the streetscape. The name comes from Paris, in 1662 where, a publican in the Rue de Saint Fiacre rented out coaches. Today, Fiakers are mainly used by tourists for tours of the city. In the golden age of Fiakers, between 1860 and 1908, things were different. Fiakers were the luxury taxis of those days.

When you are part of Tupperware Brands, you have the chance to experience the luxury and unforgettable memories that money cannot buy with our Incentive Trips. So what are you waiting for? Set your goals, dare to do, follow your plan, and party your way to success!

See you on a *Fiaker* in Vienna!



Tupperware Brands Malaysia Sdn. Bhd.
(formerly known as Dart Far East Sdn Bhd)
(287324-M) (A)JL93542)
6, Jalan SS13/4, Section 13, Subang Jaya
Industrial Estate, 47500 Subang Jaya, Selangor.



Tupperware Singapore Pte Ltd
85 Defu Lane 10,
#01-00 Singapore, 539218



We are just a smile away!

✉ MScustomercare@tupperware.com

Stock Code: MAG-MA 2013

☎ 1300 88 5500

www.tupperwarebrands.com.my

☎ 800 601 1345

www.tupperwarebrands.com.sg

