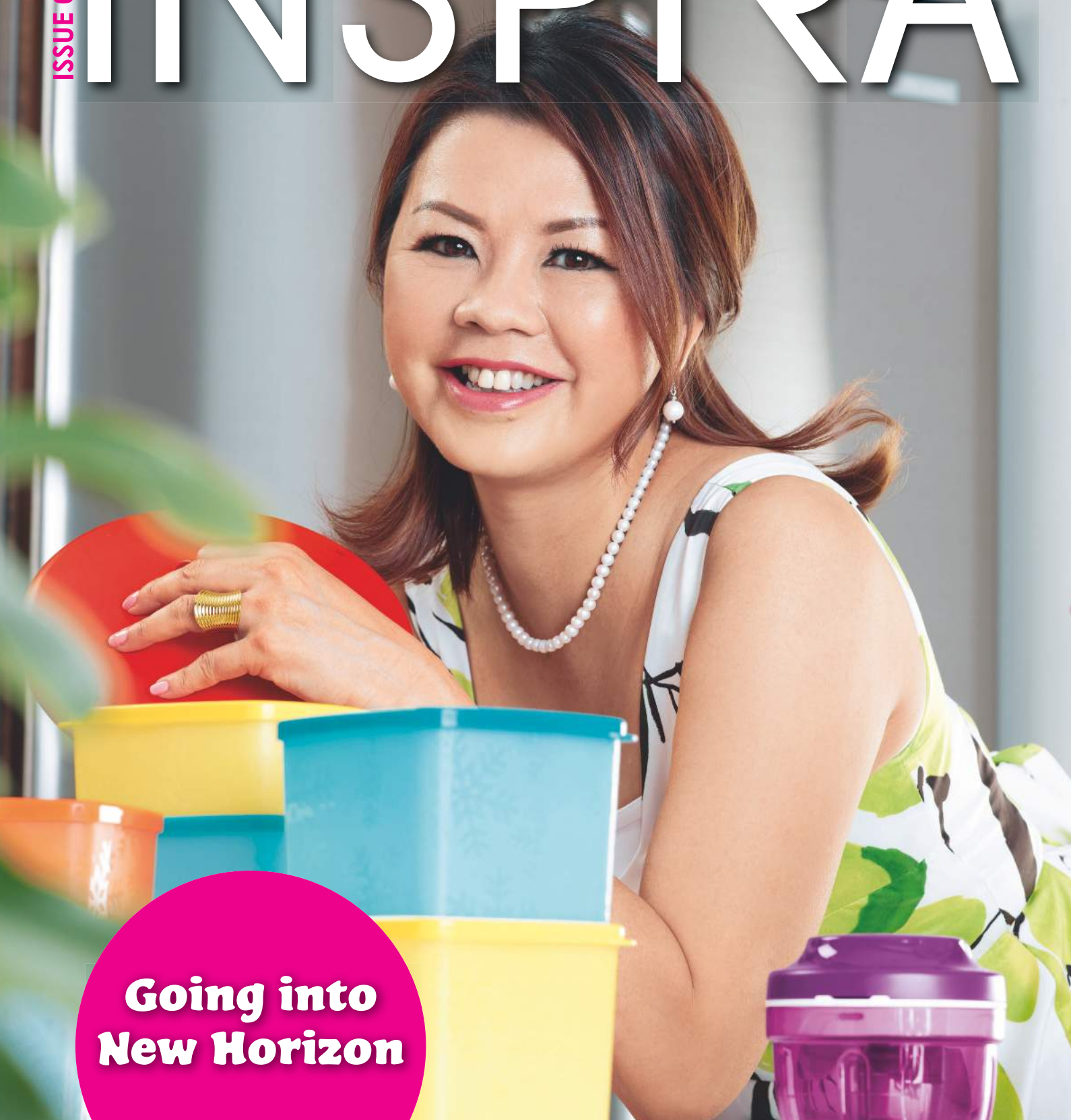


ISSUE 01/2014

# INSPIRA



**Going into  
New Horizon**

# CONTENT



**INSPIRA IS NOW AVAILABLE EVERY QUARTER INSTEAD OF BI-MONTHLY**

## KEY MESSAGE

**03** Keynote from the MD

## SPECIAL FEATURES

- 10** PD Bonus for 2013
- 12** New Global Design Center for Asia in Singapore
- 14** Awards Winning Products
- 22** Tupperware Mobile App in Every Smart Phone
- 23** Top 10 Blockbusters for 2013

## HONOURS & RECOGNITION

- 04** Up Close and Personal with our new MD, Tham Ying Hoong
- 06** Rank Up
- 08** Testimonials
- 15** Share RM2.5 Million Cash Pool

## LIVING WELL

- 16** 5 Ways to Protect Your Skin from Sun Damage
- 18** Live an Active, Pain-free Life
- 20** The Inspired Chef



### POMEGRANATE – READERS' CHOICE AWARDS 2013 FOR BEST ANTI-AGEING SUPPLEMENT

NaturCare™ Pomegranate Full Spectrum clinched the title of Readers' Choice Awards 2013 for Best Anti-Ageing Supplement (Natural Health magazine)



### OPTIMUM HEALTH WITH CLEAN, QUALITY WATER

Nano Nature Water Filtration System's 3-stage filtration which gives us quality, nutrient-rich water was Keluarga magazine's product of choice for its effectiveness in removing impurities and bacteria.



### HEALTHY, FAST AND EASY COOKING

Readers of Oriental Cuisine, Dapur Impiana and Keluarga magazines were given tips on how they could whip up healthy meals in a short time despite having a busy schedule with TupperChef Inspire and Asian Meals.



### HEALTHIER, STRONGER, SMART KIDS

NaturCare™ DHA Colostrum +Vit D Chews was featured in both Mami Baby and Mom Baby magazines where parents were educated about the importance of Vit D and DHA for their child's immunity, brain as well as bone development.



### RESTORES AND REJUVENATES BODILY FUNCTION

Feminine and Rapi magazines highlighted the importance of incorporating fiber into the diet. NaturCare™ Lacto-Fiber is their choice to help restore healthy body function.



### PERFECT AS PRESSIES

In the Christmas Special edition of Her World and Nu You magazine, a whole plethora of Tupperware containers and bottles were featured as fancy gift ideas for friends and loved ones. The Nutrimetix skincare and fragrance were given special highlight as the perfect gift for that transformation to a gorgeous goddess.



### ESPECIALLY FOR BABIES

Our newest Baby bottles in Penguin and Frog prints with tri-flow teat were featured in Pa & Ma magazine. The ergonomic design, encourages babies to easily grip and hold the bottle to promote self-feeding.

See all press clippings at [www.tupperwarebrands.com.my/pressroom](http://www.tupperwarebrands.com.my/pressroom)



ISSUE 01/2014  
**INSPIRA**

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# A new *Beginning*

Tupperware was introduced to Malaysia & Singapore 49 years ago. What an amazing journey. If we were to give out long service awards to our loyal salesforce and customers, the queue could span the entire North-South Highway from Penang to Johor and probably crossing the causeway to Singapore. Thank you to all our “die-hard” Tupperware Brands product lovers and congratulations to those of you who journeyed with us and are successful Tupperware Brands Leaders. A warm welcome and congratulations to those of you who have just joined us. For you this is only the beginning.

For me, this is also a new beginning as the Managing Director of Tupperware Brands and I am so happy to be able to both **FOLLOW** and **LEAD** you. My mentor once said to me “*You have been a great follower and hence you will be a great leader*”.

**Good followers are finishers.** They get the job done and take the ideas to the finishing line. So you can trust that we will see you through to a successful career with us.

**Good followers anticipate.** They understand what needs to be done next and gets it done and always look for improvement & enhancement. So you can trust that we will always come up with something exciting and worthwhile for you.

**Good followers are dependable.** When the going gets tough, you can count on us to be by your side to see you through your struggles.

**Good followers make their leaders lead better.** They push their leader forward. We are here to help our Senior and High Performing Directors to break into new frontiers.

Yes we are 49 years strong, but it is just a new beginning and I am so excited to be following and leading you.

## **Tham Ying Hoong**

*Managing Director*



### OUR VALUES

- **Integrity**

We strive to do what is right in our words and actions with a clear conscience before God and man.

- **Excellence**

We are committed to develop innovative opportunities, products, solutions and services and pursue continuous improvement in all value added areas.

- **Empowerment**

We provide life changing and personal development opportunities to our sales force and associates, allowing them to realise their potential, achieve success and gain confidence.

- **Collaboration**

We are individually responsible for our performance and we add synergy through collaboration, effective communication and by building upon each other's experiences and strengths.

- **Profitable Growth**

We will manage our business in the most effective manner to ensure attractive return to all stakeholders and long term growth of the company.

- **Celebration**

We reward and celebrate achievements, milestones and passages.

# UP CLOSE & PERSONAL WITH OUR NEW MANAGING DIRECTOR

## YING



More affectionately known as Ying, was born in Penang, the youngest daughter of 6 siblings to parents who were goldsmiths. When one thinks of goldsmiths, the first thing that comes to mind is that she's born with a silver spoon. However far from true, as her parents were merely skilled craftsman who made gold necklaces and bracelets for the rich. The earnings from this labor were little and her parents worked from morning till night leaving the Tham siblings very much to their own devices.

Hence growing up, Ying made a decision that she did not want to be poor anymore. "My parents were goldsmiths but none of us owned a single piece of gold jewelry. However, my mother was equally determined that their 6 children should live a better life than her and she knew that the education would provide the foundation for us to do so."

### **Q: What was your childhood like?**

Being the youngest in the family, I was certainly luckier. I never had to live in a rented room unlike my older siblings. Before I was born, my family was so poor that everyone had to squeeze into a rented room. By the time I was born, we had moved into a 2 bedroom flat.

Although we were poor, my mother, even though she never received any formal education is a woman of deep strength. Her dreams were for her children to live a better life than hers. She believes that "with each passing generation, one generation needs to be better than the previous."

My mother is the embodiment of the "Yes U Can" spirit. In her view, despite our backgrounds, we can achieve our dreams if we study hard, find a good job, work hard and don't lose hope. So, no matter how difficult life was, she determinedly worked to make sure that all her children are educated, and instilled in us the determination to improve our lives.

Today, my mother is 92 years old and still feisty, and still encouraging her grandchildren and the younger generation to pursue their dreams and achieve the success they want.

**Q: What does Yes U Can mean to you?**

Even if every opportunity is given to you, you still need to dream big, and be determined to achieve your dreams. That's the 'Yes U Can' spirit. It is the inner strength to hold on to your dreams and the push yourself onwards to overcome obstacles. It is the driving force that will take you as high as you want to go! I see this in many of our sales force today, and it is my hope that those who we touch will embrace the Yes U Can and see success in every part of their lives.



Ying with her mother and daughter - passing down the Yes U Can spirit from one generation to the other

Our new MD, Ms Tham Ying Hoong took office in January 2014. As Ying takes over and steers the ship to new horizons, here's a little background about her humble beginnings and how she became the leader that she is.

**Q: You have 2 children, who grew up in very different circumstances from that of your own childhood. What would be some of your advice to them as they enter adulthood and the workplace?**

My son Christopher is in Melbourne and my girl Samantha is in Switzerland. Like most mothers I smother them with love and in their growing years they were showered with gifts, partly to compensate for the time I spend at work and also for my own satisfaction growing up without the means to enjoy any luxuries. My advice to my kids and any young adult is to develop good communication skills, be kind to people and animals, to have good values and integrity. Getting along with people, whatever the background, race or religion and respecting them for the differences, in my view is very important. A person surrounded with good friends, colleagues and a supportive family is always a happy person.

**Q: You have held various portfolios since joining Tupperware Brands Malaysia. What have you learnt from these roles?**

I joined the company in 1996 as the Director of Finance. In that capacity, I worked on implementing changes to improve the work flow and service level to distributors and Sales Force. Back then, our systems were manual and my early years were spent on updating the computer systems both for the Company and the Distributors, teaching Distributors how to use the computer and not be afraid of the "tikus" (mouse).

In 2005, the Company took the bold step to change the entire business model, from traditional stocking distributorships to a consignment Business centre model, from a single level direct selling system to a tiered model focusing on building strong organizations. This 2-year project led to a change of our entire business model in mid 2007. Arising from this new business

model, today we have many successful Tupperware Brands Directors who have seen their lives changed for the better both from an income and personal development perspective.

In 2008, I moved into the Sales role leading a small team of Sales Managers whose primary responsibilities are to manage, motivate and coach a group of key directors. Today the Sales team has grown from a team of 5 to 14. Coming from a Finance and Operations background into the Sales arena was extremely interesting and at the same time challenging. Looking back, these past 6 years has been the best part of my journey in Tupperware Brands. It gave me the opportunity to be in the field with the grass roots, going through both difficult times and sharing the joys of success. Seeing our Tupperware Brands Directors overcoming their challenges and doubts and grow from strength to strength is really fulfilling. Knowing their humble beginnings and how they got to where they are now makes me strongly believe that, "If you have a strong desire, you will find your inner strength to obtain those desires". With a strong passion, **Yes U CAN** make things possible!

**Q: As the newest Tupperware Brands Malaysia/Singapore MD, what are your visions for the company?**

Tupperware Brands Malaysia is now ranked in the Top 10 amongst the other Direct Selling companies in Malaysia. It is my goal for it to be the Top 5 Direct Selling company in Malaysia and Singapore.

I would like to see more younger people join our business and I believe we have the products and business model to help them realize their dreams. Our work then is to find ways and means to attract, engage with the younger population and ultimately to educate, enlighten and empower them to live a better life.

For our many successful Tupperware Brands Presidential & Senior Executive Directors, I would want them to live the philosophy of touching and changing lives. We must be strong role models, to use our influence and financial means to help the less privileged, and to positively impact the community.

# Congratulations!

EXECUTIVE DIRECTOR



Jan 2014  
DAYANG RITA ABANG RAZALEE



Jan 2014  
MOHD NORKAMARULEZANE BIN  
MOHAMAD ZAIN & WAN ROSNI LYE DUAN



Jan 2014  
NOOR HISYAM B. RAZALI

ASSOCIATE EXECUTIVE DIRECTOR



Nov 2013  
NORAINI BT DIN



Nov 2013  
HARNANI AKMAR BT HARUN



Nov 2013  
NOOR LELA @ NORLELA  
BINTI UTOH NAIN



Dec 2013  
NUR IZZA BINTI MOHD NOR



Dec 2013  
AZIZAH BINTI DAUD



Dec 2013  
LUM CHEE GWAN JOYCE



Dec 2013  
ROSLIZA BT ABDUL LATIF



Dec 2013  
SUPTUYA HJ MD NOOR



Dec 2013  
ADELINE KAGUT



Jan 2014  
NORAZIHAN BT ABDUL LATIF



Jan 2014  
HALIMAH BT GHAZALI



Jan 2014  
NOR HANANI BINTI HARUN



Jan 2014  
BONG FONG MEI



Jan 2014  
ROZLIN BINTI AHMAD

Nov 2013  
NELLIN

Dec 2013  
LIM TONG KUAN  
CHAN CHAI AUN  
WAN TIJAH WAN HAMAT

Jan 2014  
NORSHAM BT HARUN

5 STARS DIRECTOR



Nov 2013  
BARIA BINTI  
ABDUL BASAH



Nov 2013  
NUR AZURA  
BINTI YUSOF



Nov 2013  
JUNAIDARIANI  
BINTI JUHARI



Nov 2013  
HEAH SOO LING



Nov 2013  
SUHANA BINTI ZAINAL



Nov 2013  
NORSUHANA  
BINTI AZMI



Nov 2013  
NURRAIHAN BINTI  
MD RAMLY



Nov 2013  
WEI PEK HUA



Dec 2013  
WAHEEDA BINTI  
ABDUL RAHMAN



Dec 2013  
CHNG SUI LAN  
(Singapore)



Jan 2014  
LEAN LING LING



Jan 2014  
CHAN YOOI FONG



Jan 2014  
HENARA ACEBEROS  
ALFECHÉ



Jan 2014  
LEE ENG TONG



Jan 2014  
NUR HUWAINA  
BINTI HASSAN



Jan 2014  
ROZITAHALINA  
BINTI RAHMAT



Jan 2014  
TAY YIING JYE



Jan 2014  
CHAI LY LY

Nov 2013  
KOO BEE LEAN  
ADZRINA BT ADZMI  
AFZAN NIZAM BIN ABDUL DZANI  
ZARINA BINTI MT YUSUF  
NOR SAZAWATI BINTI MOHD AZHAN  
ROSHAYU BINTI ENDUT

Dec 2013  
TOR SIOK WAN  
CUNERA CHARLOTTE YONG YUH SHAN  
SHURINA BINTI AB RAHIM@GHAZALI  
ANG SOH LAN  
MUNIRA BINTI LUTFI  
ROSNA WINDA NALLE  
WAN NAZIRA BT WAN YUSOFF  
HAJI KAMALLUDIN BIN HAJI MUMIN  
CHUAH SEAK HWA  
SIA BEE LING  
LOW SHEAU WAI  
CHIEW SENG YEE  
TEH SWEE GEOK  
NUR HUWAINA BINTI HASSAN  
NUR SYAZWANI BINTI ABDULLAH KOO  
AHMAD FARHAN YAMIN BIN JAAPAR  
ZAINI BINTI AWANG  
TAN SIEW MEI  
CHAN POH FERN  
MASITAH BINTI ATAN  
ANGELA BINTI DATU  
JAMALIAH BINTI MASIMAN  
NUR HANANI BINTI MD AKIL  
YONG JING WEI  
NOORSIAH BINTI MAMAT

Jan 2014  
MOHD NAIM BIN MISNAN  
CHONG SIAT MOY  
LING TUNG LEH  
SAPTUYAH BT LATIP  
LATIPAH BINTI SIDEK  
CHEW JIA WEN  
LIM SEW WAH  
LING PICK ENG

3 STARS DIRECTOR



**MALAYSIA - NOV 2013**

MAINAIN ABDULLAH  
JOANNE LING WAN SI  
TAN KOK HUA  
ROSEMAYATI BT IBRAHIM  
TING SIEW HOUNG  
SIA SOCK LAN  
AHMAD SYAFIQ BIN MUHAMMAD RIZAL  
MARIA YOSEFA BOE  
AZIZAH BT MUDA  
ROZITA BT CHE MUD  
MOHD PAZLI BIN GHAZALI  
HAZARINA BINTI JUBIR  
WAN AZNIZAN BT WAN ABDULLAH  
NORMILI BINTI DERAMAN  
LIEW FUNG CHUN  
MAIMUNAH BT ABU  
JUNI SUKARTO  
ARFAIZAH BINTI HALIM  
SITI HASMAH BINTI AHMAD  
ROSNILAWATI BT MOHAMED  
LIM SEW WAH  
SEE HOCK TIAM  
WAN ZAIDAH BINTI WAN ABU BAKAR  
NANCY DUSIP  
ROZITAHALINA BINTI RAHMAT  
SITI AMIRAH BINTI MOHAMMAD ZAWADIN  
NURUL AMIRAH BINTI MD SHAFEE  
HAMIDAH BINTI ABDUL HAMID

**SINGAPORE - NOV 2013**

HUANG WANZHEN

**MALAYSIA - DEC 2013**

HAMIDAH ISMAIL  
CUNERA CHARLOTTE YONG YUH SHAN  
SHURINA BINTI AB RAHIM@GHAZALI  
ANG SOH LAN  
MUNIRA BINTI LUTFI  
ROSNA WINDA NALLE  
WAN NAZIRA BT WAN YUSOFF  
HAJI KAMALLUDIN BIN HAJI MUMIN  
CHUAH SEAK HWA  
SIA BEE LING  
LOW SHEAU WAI  
CHIEW SENG YEE  
TEH SWEE GEOK  
NUR HUWAINA BINTI HASSAN  
NUR SYAZWANI BINTI ABDULLAH KOO  
AHMAD FARHAN YAMIN BIN JAAPAR  
ZAINI BINTI AWANG  
TAN SIEW MEI  
CHAN POH FERN  
MASITAH BINTI ATAN  
ANGELA BINTI DATU  
JAMALIAH BINTI MASIMAN  
NUR HANANI BINTI MD AKIL  
YONG JING WEI  
NOORSIAH BINTI MAMAT

**MALAYSIA - JAN 2014**

SITI BAIZURA BINTI MOHD WAHID  
RAJA NOR HAFIZA BINTI RAJA SULAIMAN  
SHAMSUDIN BIN CHEK  
DEWI SUTRA BT DJASMAN  
FUNG POH ENG  
NOOR HAFIZA BINTI ZAINUDIN  
ROSWATI BT HJ AHMAD  
HALIZA BINTI KASAU  
SITI HALIMAH BT HUSIN  
ROS FADZILAH BT ABDUL HAYET  
JOGINDER KAUR A/P CHANCHAL SINGH  
WONG SIONG MING  
ROHAIDZAN BINTI ABDUL SAMAD  
MUHAMMAD ZAWADI BIN NIK  
ROSILAH BT WOK  
MISKIAH BT RASON  
PAUZIAH BT MOHD YUSOFF  
SHARIFAH AINI BINTI SYED ABBAS  
CHAN LANG LANG  
MOHD NOR KHAIRUL AZAM BIN MOHAMAD ZAIN  
UMI KALSOM BINTI MOHAMAD  
NORAISYAH BINTI MOHAMAD RAHIM  
ZALIKHO BINTI MOHAMAD  
YAP SIEY MEI  
NORIAH BINTI IBRAHIM

# Congratulations!



## “Impian menjana pendapatan 4 angka sudah tercapai”

**Nur Huwaina Binti Hassan, 5SD**

Dunia Tupperware Brands saya bermula sejak kecil lagi. Ibu merupakan pembeli setia produk Tupperware Brands. Namun, sebelum serius dalam bisnes ini saya tidak pernah terfikir bahawa Tupperware Brands menawarkan peluang yang jauh lebih luas bukan sekadar menggunakannya sahaja.

Setelah setahun mendaftar sebagai Konsultan pada bulan September 2013 barulah hati saya terbuka untuk mula serius dengan bisnes ini. Bermula saat itu, saya tidak menoleh ke belakang lagi. Pada Oktober 2013 saya 'rank up' ke pangkat Director dan seterusnya 'rank up' ke 5SD pada Januari 2014.

Hasil tunjuk ajar dan dorongan yang tidak pernah putus dari Upline dan orang sekeliling saya memberi saya semangat untuk berjaya. Target utama saya iaitu untuk memperoleh pendapatan 4 angka sebulan sudah tercapai. Saya juga telah berjaya menyenaraikan nama saya dalam program Star Boot Camp dan menyertai pelancongan percuma ke Macau.

Kini, saya dalam misi mendapatkan Honda City percuma daripada Tupperware Brands. Siapa sangka berkecimpung dalam bisnes ini dengan separuh masa pun masih dapat menikmati pelbagai faedah yang sungguh menarik. Dalam perniagaan, kejujuran dan cara menjaga hati pelanggan adalah kunci utama. Alasan boleh dicipta jika enggan berusaha dan kejayaan tidak datang tanpa usaha bersama fikiran yang positif. Jadi, buang segala alasan seterusnya ciptalah kejayaan bersama Tupperware Brands.

## “Tupperware Brands Changes Lives”

**Wei Pek Hua, 5SD**

I have been staying in Miri for more than 30 years with my husband and 3 children. Life has always been pretty mundane for me as all I did was go to work, and come home to manage the household.



It was when I met Ping Ping that my life changed. She used to work in the same industry (legal) as myself but she left and started leading a happier and better life. She has inspired me to think that I could change my life too.

I took that first step and started learning the ropes about this business. I invested time and energy into organizing roadshows, parties and recruiting rallies to build my business. I believe that this is a people business and that I should always go that extra mile and to always remember to follow up with the people I meet.

I'm now a 5 Star Director and I have grown so much... My friends and family can see the changes in me. I'm so much more happy and confident now. Tupperware Brands has really changed and improved my life – I now have extra income, travelling opportunities, new friends and new skills.



## “Just Do It”

**Nurraihan Bt. Md. Ramly, 5SD**

I work as a lecturer with the Ministry of Education and lead a very busy life trying to juggle between work and managing my family with 5 young children as well as caring for my mother who requires monthly treatment at the hospital.

During my free time and weekends, I will commit to trainings and meetings with my team and together we work at improving our product knowledge, team party ideas and strategies so that we can build our business. It is hard-work may sound tiring but it is all worth it as Tupperware Brands has given me a great side income which enables me to improve my family's lifestyle. I have also been blessed to travel overseas with pocket money to boot.

I believe that to succeed, we have to work at it. There is no such things as excuses why I can't achieve my dreams. Sometimes when I feel overwhelmed, I'll tell myself to keep calm and "Just Do it". If other people can, I'm sure I can too!

## “Dare to Dream”

**Tay Yiing Jye, 5SD**

I always believe that there is a door of opportunity waiting for everyone to explore. Being a mother of three and a music teacher to 55 students, I should be happy and contented. My life has changed ever since I met Lye Duan in 2003. Back then, I joined the business then, but failed to focus.



The turning point came after I attended her PD Celebration. I was emotionally touched and was inspired by Lye Duan's success. I thought to myself, "If she could do it, I can do it too!" With focus and determination as well as guidance from my Uplines, I managed to rank up from Director to 5 Star Director in just 5 months.

This business has greatly improved my public speaking skills and confidence in many ways. I love sharing the Tupperware Brands business with others to help improve their lives with the belief that by helping others to succeed in this business, I will be successful as well. My next goal is to rank up to AED by August 2014!

## “事在人为，只要你勤奋努力一定能有所作为。”

**Chai Ly Ly, 5SD**

我在2013年7月加入特百惠。在短短的半年，我成为了5StarDirector。我很感谢上线们的教导。这几个月，我学会了产品的知识和体验如何与人沟通。



我从来没有想过，原来特百惠也是一门生意。因为特百惠，我可以免费去澳门旅行 + star boot camp + 免费 mini ipad!





## “ Living the life of my dream ”

**Lean Ling Ling, 5SD**

### 3 Things that I love about Tupperware Brands:

- 1- The flexible work schedule.
- 2- The team spirit.
- 3- Sharing with others the business opportunity.

I love Tupperware Brands because it has given me so much - the opportunity to live my dream life (significantly increased my salary, flexible schedule, quality time with my family and an exceptional living and working environment) and also for the numerous recognitions, jewelry and countless gifts I received. I have been treated like a queen with all the 5-star treatment during the incentive trips to Rome, Beijing, Bangkok, Vietnam and Bali. It is my mission to share the Business Opportunity with others and offer them a chance to live the life of their dreams.



## “ Pelbagai peluang di Tupperware Brands ”

**Rosliza Bt. Ab. Latif, AED**

Saya adalah seorang isteri, dan ibu kepada 3 orang anak. Saya bekerja sebagai seorang guru. Saya menjalankan business

Tupperware Brands secara *part-time* dan mendapat sokongan sepenuhnya daripada suami.

Saya mula mengenali Tupperware Brands pada tahun 2009 setelah melihat kejayaan kakak saya, Rohana. Berdasarkan plan bisnes Tupperware Brands yang mudah dan jelas saya dapat mengembangkan perniagaan bisnes ini dengan 'rank up' dan fokus pada networking. Berbekalkan konsep suka berkongsi antara satu sama lain membuatkan saya mudah untuk terus maju ke hadapan.

Pada tahun yang sama juga, saya telah berjaya melancong ke luar negara ke Bali. Incentive trip Tupperware Brands adalah sangat luarbiasa, kami sentiasa dilayani dengan layanan 5 bintang. Dengan Tupperware Brands, saya berpeluang ke Chiang Mai, Medan, Vietnam, Hanoi, Bangkok dan Macau.

Saya amat bersyukur kerana Tupperware Brands telah memberi banyak peluang untuk saya berubah taraf hidup keluarga saya. Tahun ini, saya akan berusaha untuk mencapai kereta idaman saya dari Tupperware Brands.

## “ Malu menjadi Yakin ”

**Nur Izza Binti Mohd Nor, AED**

Tupperware Brands mengubah kehidupan saya 360°. 3 tahun dahulu, saya seorang yang pemalu, mudah putus asa dan tidak ada keyakinan diri. Dalam bisnes ini, saya sering menjalani pelbagai aktiviti dengan Direktor yang lain seperti 'roadshow', 'demo' dan 'recruiting rally'. Disebabkan itu, saya dapat mengenali ramai kawan-kawan baru yang hebat dan luarbiasa.



Saya telah mempelajari banyak perkara dari interaksi dengan Upline dan Downline. Sekarang saya lebih yakin pada kebolehan saya untuk menjadi lebih maju. Melihat kejayaan orang lain dalam bisnes Tupperware Brands membuatkan saya lebih bersemangat untuk berjaya. Impian saya adalah untuk mengembangkan organisasi saya di Segamat. Semoga semua Direktor saya juga akan berjaya seperti saya.

## “ Fokus dan komunikasi punca kejayaan ”

**Harnani Akmar, AED**

Saya adalah seorang surirumah tangga sepenuh masa dan mula aktif dalam bisnes Tupperware Brands sejak Disember 2012.

Dalam masa satu bulan, saya telah berjaya rank up kepada Direktor. Pada masa itu saya berasa sungguh bersemangat kerana kejayaan ini walaupun kecil, telah menaikkan semangat saya dan saya boleh berjaya jikalau saya menumpukan 100% dalam bisnes ini. Saya mula merancang dan bekerjasama dengan Upline saya untuk rank up ke tahap yang lebih tinggi.

Segala titik peluh dan susah payah yang dilalui sangatlah berbaloi apabila saya berjaya rank up ke AED dalam masa 10 bulan sahaja! Dengan Tupperware Brands, saya dapat mengubah taraf hidup keluarga, mempelajari banyak tentang diri saya sendiri, serta menikmati banyak faedah-faedah yang menarik. Saya percaya untuk berjaya, kita perlu sentiasa memberi motivasi kepada Downline dan mengamalkan komunikasi dua hala.



## “ Suri rumah juga Boleh! ”

**Norsuhana Azmi, 5SD**

Tupperware Brands telah mengubah persepsi orang sekeliling yang seorang suri rumahtangga sepenuh masa juga boleh menjana pendapatan. Pencapaian saya untuk *rank up* ke tahap 5SD dalam masa kurang setahun berjaya membuktikan yang suri rumahtangga juga boleh berjaya.

Bermula dengan minat kepada produk akhirnya minat ini menjadi sumber pendapatan kepada saya. Walaupun saya di Klang, dan Upline jauh di Kota Bharu, ianya bukan alasan dan halangan untuk saya pergi lebih jauh. Ianya menjadikan saya lebih berdikari dan kuat untuk mencapai matlamat yang saya tetapkan.

Dengan Tupperware Brands, saya telah mendapat lebih ramai kenalan baru dari serata tempat. Saya percaya hubungan dan interaksi baik antara satu sama lain serta komitmen dan sokongan dari semua pihak menjadi penguat saya untuk lebih berjaya.





# RM4.15 Million Paid Out in Presidential Bonus for 2013



Wan Lye Duan



Annie Chong & Steven Yong



Jessica Loo Yin Jok



Goh Eng Leong & JoAnne Lim



Susan Lee & Lim Lian Cheng



Hji. Mohd Razali & Norida Ahmad



Ramzi Hassan & Tengku Zawiah



Andrea Dias & Lawrence



Shireen Tan & Ung Siew Cheong

Congratulations Presidential Directors! We Salute You!

As a Presidential Director, the highest rank in the Tupperware Brands Business Plan, is the most coveted and prestigious rank. With it comes privileges in exclusive recognition, 5 star travel and the Presidential Growth Bonus! In 2013, all 13 Presidential Directors were recipients of the RM4.15million pay-out.



Two of our Presidential Directors tell us how they invested their wind-fall back into their business and to the people who helped them get to where they are. Embracing the philosophy of changing lives, they too reached out to impact the underprivileged.



**Lianne Lim & Lim Kok Seng,  
Petaling Jaya**

"Tupperware Brands has taught us the importance of changing lives and helping others. As an organization, we have been reaching out to orphans in need. We are currently supporting 6 school-going orphans in the Philippines under Care Channel to ensure that they have proper food, education supplies and care to ensure that they will grow up to be well-rounded individuals. From the letters they wrote to us, we know that their lives have been touched and changed by our annual support.

Another 20% of the money is ploughed back into the business as we believe in investing back in our people. The money is used for Recognition awards, trainings, transport subsidies, hotel stay as well as celebration parties which we organise during festive seasons. This is a great way to keep close contact with the people in our organization and show our appreciation to them.

From 2014 onwards, we will be saving more as we plan to purchase our own premise to operate the Business Centre to cater for a bigger business and to train more new directors."



**Kalsom Binti Noordin & Raja, Malacca**

"I gain indescribable satisfaction when I see a person's life changed – from a nobody to somebody, from a housewife to a business owner, from a pampered wife to someone who can now drive her car. I've seen many gained confidence without realizing and they too feel so much joy upon realizing their success.

I believe that people are the very core of this business, therefore we need to build them and take good care of them. From my PD bonus I allocate 1/5 of it back to my people. We organise lots of activities to get our people together.

To ensure our people are well equipped with knowledge, we run programs such as Business Coaching, Trainings as well as Recognitions at restaurants and hotels on a monthly basis. To further excite them, we organise monthly challenges for the organization to achieve. One such is our highly anticipated Bowling tournament, which our Directors have to achieve with a Personal Team Sales of RM10,000 in order to participate. As a result, they not only achieved their challenge goals, increased in recruits and promote up, they also received Tupperware products and T-Shirt for the tournament. This is surely a fun yet effective activity to organise.

One thing which we emphasize on in our organization is to reach out and help people. We organise visits and activities to the orphanage and home for special children. It's a blessing to be able to bless others."



# NEW GLOBAL DESIGN CENTER

## in SINGAPORE

Tupperware Brands opened its Global Design Center for Asia in Singapore – the first outside of the US and Europe, to deliver culturally distinct products for the Asian market and beyond.

With the Asia Pacific growing to become the company's top performing region last year, the launch of the center in Singapore is a timely addition to the company's two existing global design centers in Orlando, Florida and Brussels, Belgium.



(Left to right)  
Jan-Hendrik de Groote, Christian Skroeder, Asha Gupta, David Kusuma cutting the ribbon to launch Tupperware Brand's Global Design Center (Asia)

With 25% of sales coming from new products every year, design and innovation are at the core of our business. Our continued success stems from our ability to deliver products that serve evolving lifestyle needs.

Asia is experiencing tremendous growth, fueled by growing consumer spending, the rise of the middle class, and women who desire financial independence. We recognize the great opportunities we have to enhance lifestyles through our offerings and enable women to reach their full potential in their careers and at home.



**ASHA GUPTA**

Tupperware Brands Group President of Asia Pacific

# Tupperware opens design centre here

It will design products for the plastic storage container brand targeted at Asian consumers

Natasha Ann Zachariah

Tupperware, famed for its plastic storage containers, opened its first Global Design Center for Asia here last week.

Located at Great World City in Kim Seng Road, it is one of three global design centres in the world. The other two are in Orlando, Florida, and Brussels, Belgium.

Mr Jan Hendrik de Groot, Tupperware Brands vice-president of global design worldwide, says: "There's a bigger purpose aside from designing new products, to be local in Asia. There's a cultural difference in the way Asian consumers use Tupperware and we need to adapt our products to that."

The Asian market is big business for the company. Last year, sales in the Asia Pacific made up 14 per cent of the company's overall business, with Indonesia ranked No. 1 in revenue globally with more than \$200 million in sales last year.

The Asian region's relationship with food serves as inspiration for product design but the centre's four designers do not do country-specific products.

"There's no different design philosophy for individual markets. We integrate different cultures into one single product. One product might have

different uses but it works all over the world, like an iPhone, and we adapt the product to the different uses too," says Brussels-based Mr de Groot, who has been with the company since 2009.

He cites the Kimchi Keeper, one of Tupperware's most popular Asian products, as an example. The Koreans use the deep, rectangular container to store fermented chiles and herbs, but in China, buyers use it to ferment wine from fruit.

"We saw that the Chinese were having problems pouring the wine from a container meant for kimchi. So we created a strainer to make it easier to strain the juices. It works in China and can be used around the world too," he says.

"It's about watching how consumers use our products and designing products around that. We have our customers' mind in mind to know... that's probably not the best idea because they'll suggest something that's already in the market. We're interested in developing something that's two years ahead of what they need now."

That probably explains why the 60-year-old brand still has a following in spite of the many other plastic storage container options available.

The multi-product company, Tupperware Brands, which also sells beauty and personal care products, reported sales of US\$2.7 billion (\$5.4 billion local term). This was up 3 per cent from the year before. Aside from the essential storage containers of different sizes which Tupperware is associated with, it sells blenders, steamers and cutlery.

The brand was established shortly after World War II by New Hampshire-born inventor, Earl Silas Tupper, who died in 1985.

Mr de Groot says Tupperware aims keeping cutting back even if they have to pay more than they would for other brands. In Singapore, for example, it costs \$92 for a five-container Vent-i-smart kitchen set, which got an honorable mention at the prestigious Red Dot Design Award last year, while a 1.25 One-Touch Classic Junior costs \$13.90.

The 45-year-old German, who was part of the team that designed the Vent-i-smart, says: "There's a saying in Finland that poor people can't afford to buy cheap. In times of crisis, you won't go for cheap items because you'll have to replace them in six months."

"So that's why I think people opt for Tupperware. We produce them in high quality. Over the years, we've had product returns but not on a massive scale. We're so sure of our product that we still offer a lifetime warranty."



"We never ask our customers what they want to have... We're interested in developing something that's two years ahead of what they need now."

Mr Jan-Hendrik de Groot (left), Tupperware Brands vice-president of global design worldwide

For research, he tries to attend the brand's luxurious Tupperware parties, wherever he travels to, such as in Indonesia and India.

"As a designer, you understand how important innovation is for the sales force when you go to a Tupperware party. It's so much easier to sell a product with a story than just telling people to buy a product because the seller says it's good," says Mr de Groot, who has a diploma in industrial design from the University of Applied Sciences in Duerndorf, Germany.

Instead of setting up outlets around the world, Tupperware has largely stuck to a distribution strategy of recruiting representatives to sell its goods at parties thrown for friends and neighbours. This method of direct selling, which it has employed since 1951, is how it reaches out to the public because the company does not advertise much.

This tried-and-tested selling method is here to stay, says Mr de Groot. Tupperware has 2.9 million sales representatives worldwide, with the Asia-Pacific region having the most number of consultants.

For now, plastic remains the company's main material, even with eco-warriors and environmentalists calling for companies to use less of it.

He says that while Tupperware is exploring different types of materials, it is more concerned with making plastic products that last a lifetime. And it is doing its bit for the environment by accepting old plastic products from customers and turning them into new products - though not ones which will come into contact with food.

He says: "You get biodegradable plastics and feel good thinking that you've helped the environment. But if it's not composted properly or mixed with plastics that can't be broken down, then you can't recycle it anyway."

"This eco-friendly thing is just hype at the moment. We're helping the environment by creating sustainable products and constantly researching plastics."

natashar@spg.com.sg

"You understand how important innovation is for the sales force when you go to a Tupperware party. It's so much easier to sell a product with a story than just telling people to buy a product because the seller says it's good."

"There's no different design philosophy for individual markets. We integrate different cultures into one single product. One product might have different uses but it works all over the world, like an iPhone, and we adapt the product to the different uses too,"

"It's about watching how consumers use our products and designing products around that. We never ask customers what they want to have...that's probably not the best idea because they'll suggest something that's already in the market. We're interested in developing something that's two years ahead of what they need now."

Excerpt from **The Straits Times, Singapore** 24 Feb 2014



**JAN HENDRIK de GROOT**  
Tupperware Brands Vice President of Global Design Worldwide

Design is something we have honed to a fine art at Tupperware. This new center brings our designers closer to Asia, and provides us with the creative platform to better serve our customers in the region.

# Award Winning designs



reddot design award  
winner 2012

Red dot Award Winner 2012  
– Teaz' Me Tea Pot and Teaz' Me Mugs



reddot design award  
honourable mention 2012

Red dot Award 2013 Honourable Mention - VentSmart  
Pro-K Product of the Year 2014 - VentSmart Range



Good Design Award 2012 – Blossom Line



German Design Award 2014  
Nominee – ThermoTup Pitcher  
Product of the year 2013  
– ThermoTup Pitcher



Universal Design Award 2012  
– Heat N Serve™ with new covers



Green Good Design Award 2012  
– T-S Smooth Chopper

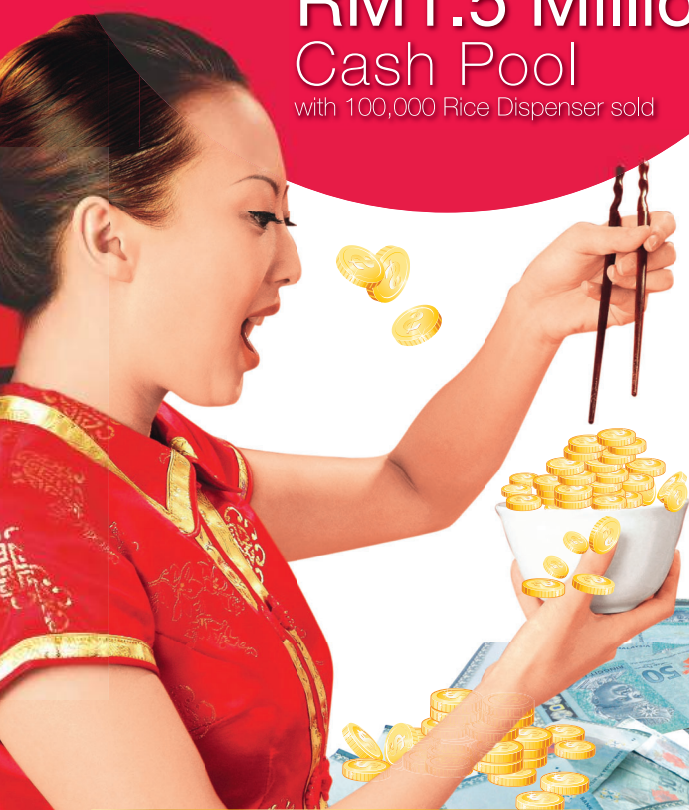
Tupperware products enjoy an unmatched reputation when it comes to food preparation, serving and storage because they are functional, fast, easy, healthy and safe to use. With our continuous mission to innovate new products that have both form and beauty, we have earned many awards in the international arena!



German Design Award 2012 Nominee – U-Series Knives

# Share RM1.5 Million Cash Pool

with 100,000 Rice Dispenser sold



## Who can share the RM1.5mil cash pool?

- All Director Ranks who sell a minimum of 10 Rice Dispensers in their Personal Team every quarter

### Terms & Conditions:

- DIQs sales of Rice Dispensers will be counted as the Upline Director's Personal Team Sales
- Directors must maintain rank throughout 2014 to be entitled to the cash pool. Even if minimum sales of 10 Rice Dispensers is met but drops rank to Senior Consultant/Consultants, will be disqualified from the cash pool.

## How does this work?

- From Jan-Dec 2014, for every Rice Dispenser sold, RM10 added into the cash pool
- Every Quarter (Q1: Jan-Mar, Q2: Apr-June, Q3: July-Sept, Q4: Oct-Dec), if 25,000 units of Rice Dispensers are sold countrywide (Malaysia+Singapore), an additional RM125,000 will be added into the cash pool.
- Every Quarter all Director Ranks will earn a share of the quarterly cash pool, provided they met the minimum sales of 10 Rice Dispensers in that Quarter.

# RICE DISPENSER IS MY FOCUS

“ I was so excited when I heard about the cash pool, and I wanted to get a head start. So when the company announced the Chap Goh Meh CNY promotion, even though we are in Dungun and my team is largely non-Chinese, I still took advantage of the season to call all my Directors in for an activity.



From the Mandarin Madness idea that the company gave, I organised mandarin orange peeling contest. It was fun and got everyone in the mood. Then, I shared about the products, focusing on the Rice Dispenser (RD). I made sure my Directors knew the features and benefits of the RD and had the skills to close deals and to sell. I also gave each of my Directors a target to sell at least 3 RDs each.

We are all so excited about the cash pool and this will be our focus. I urge everyone to work together to contribute to the 25,000 RDs in every quarter, so we can all share the RM1.5million!

“ Sebaik sahaja saya terdengar mengenai program tabung tunai, saya sungguh teruja dan ingin terus mengambil bahagian. Jadi, apabila syarikat melancarkan promosi Chap Goh Mei CNY, saya telah memanfaatkan peluang tersebut walaupun kami berada di Dungun dan pasukan saya kebanyakannya bukan terdiri daripada kaum Cina. Saya menghubungi semua Director saya untuk bersama-sama mengadakan aktiviti bagi tujuan itu.

Berteraskan idea Mandarin Madness syarikat, saya telah menganjurkan pertandingan mengupas oren mandarin. Ianya sungguh menyeronokkan dan mendapat sambutan yang menggalakkan daripada hadirin. Ini disusulidengan sesi perkongsian produk, di mana saya memilih Rice Dispenser (RD) sebagai fokus utama. Saya memastikan agar semua Director saya mengetahui ciri dan manfaat RD serta mempunyai kemahiran untuk menjual dan menjayakan urus niaga. Saya juga menetapkan sasaran jualan sekurang-kurangnya 3 RD oleh setiap Director saya.

Tabung tunai ini ternyata amat mengujakan dan menjadi matlamat tumpuan kami. Saya menggalakkan setiap orang bekerjasama untuk memenuhi sasaran keseluruhan 25,000 RD pada setiap suku tahun, agar kita semua dapat berkongsi dana RM1.5 juta itu!



- Sharifah Sabariah,  
(ED), Terengganu

# 5 Ways to Protect Your

The sun plays an important role in our lives. Direct sunlight helps our body create Vitamin D that is vital for healthy bones and overall health. Yet too much of a good thing can turn bad.

While 10-15 minutes exposure to morning sun is beneficial, any longer can cause serious damage to our skin especially if we don't wear sunscreen.

## 1 Cover Up

The sun's rays are most intense between 10 a.m. and 4 p.m. If you must be outdoors, cover up! Wear a hat and UV protective clothing. If on the beach, always stay dry as dry fabrics offer more protection than wet ones.

## 2 Spread on Sunscreen

It is recommended to wear sunscreen with a sun protection factor (SPF) of at least 15. Be sure to spread it on thick enough: Applying only a thin coating of a sunscreen can reduce the effectiveness of the product by as much as 50 percent.

The skin on our face is most vulnerable to the ravages of the sun. Be sure to keep skin hydrated and protected. Always use a non-greasy moisturiser with sun protection.

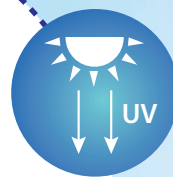
## 3 Protect Your Sensitive Areas

Don't forget to protect other sensitive spots like the tops of the ears, the hairline, neck area and the "V" of the chest, the nose and the hands. Generously apply your sunscreen moisturiser for extra protection. Your lips too can get easily sunburned so keep it moist with lip balm.

### Beware UV Rays

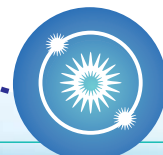
UV rays are the biggest culprits that wreak havoc on our skin. UVB (think 'B' for 'burn') causes our skin to tan or go dark.

Another threat is UVA rays (think 'A' for 'Ageing'). These dangerous rays cause cellular damage to our skin resulting in what is known as photoageing. This robs our skin of its natural ability to hold its shape resulting in sagging, fine lines, freckles, age spots, spider veins, rough and leathery skin, loose skin and an overall blotchy complexion.



### Dangerous Free Radicals

We've heard this word bandied about often but what does it really mean? Essentially, free radicals contain an odd number of electrons that break the fragile bonds that hold molecules such as collagen and elastin together. When the bonds of collagen and elastin become unstable, we encounter fine lines and wrinkles, crow's feet and such.





# Skin from Sun Damage

## 4 Protect Yourself From Reflected Light

Umbrellas or staying in the shade provide only moderate protection from ultraviolet light, and they don't protect you from rays reflected off sand, concrete and many other surfaces. Areas such as the under part of the chin, that are especially vulnerable to reflected light.

## 5 Don't Let the Weather Fool You

Take care on cool, cloudy days. Damaging rays aren't inhibited by clouds, and you can still get burned because ultraviolet light can penetrate cloud cover. Take precautions even when the sun isn't shining brightly.

## Restore Sun Solutions for your skin

The Restore skincare range is formulated with an antioxidant-rich concentrate from the Sauvignon Blanc grapes. Studies have found that it's the flavonoids found in grapes that work to halt the chemical reaction that destroys skin cells and causes sun damage.



**PROTECT** ☀️  
Anti-Ageing Day Crème SPF 15  
Light, non-greasy with SPF15, wear it everyday to keep skin moist and protected from harmful effects of the sun.



**REPAIR** 🌙  
Intense Anti-Ageing Night Crème  
This deeply nourishing crème repairs skin cells and hydrates skin while you sleep. Visible reduction of fine lines in just 4 hours!



**RESTORE** ☀️ 🌙  
Anti-ageing Serum  
Contains 10x the concentration of Sauvignon Blanc it restores firmness and prevents cell damage caused by sun exposure.



### My youthful-looking skin was restored

"I have been using the RESTORE skincare range from Nutrimetrics since 2011. My complexion was quite dull back then – dark spots, pigmentation, fine lines. However after only a month, my dark spots and freckles visibly lightened. Better yet, even my fine lines were barely visible. Soon friends began complimenting me on my youthful-looking skin. What a boost of confidence that gave me too."

— Lim Lek Foon





## Live an active, pain-free lifestyle

Where do you envision yourself in the next 20 years? Are you playing a favorite sport? Enjoying playtime sessions with your grandchildren? OR are you taking painkillers to numb joint pain and becoming dependent on others? And require assistance to get around?

All too often, we assume joint pain is a normal part of aging that we just have to learn to live with. It's a serious problem, because pain can affect every aspect of your life – how you handle your life, your livelihood, and your interactions with family and friends.

Joint pain is one of the most common conditions in the world. The top 4 joint pains are:

- osteoarthritis of the knee
- rheumatoid arthritis
- osteoporosis
- lower back pain

Knee osteoarthritis is most commonly found, especially in the elderly aged. In Malaysia, 1 in 5 adults is affected, more so in women than men, which contributes to a major cause of disability.

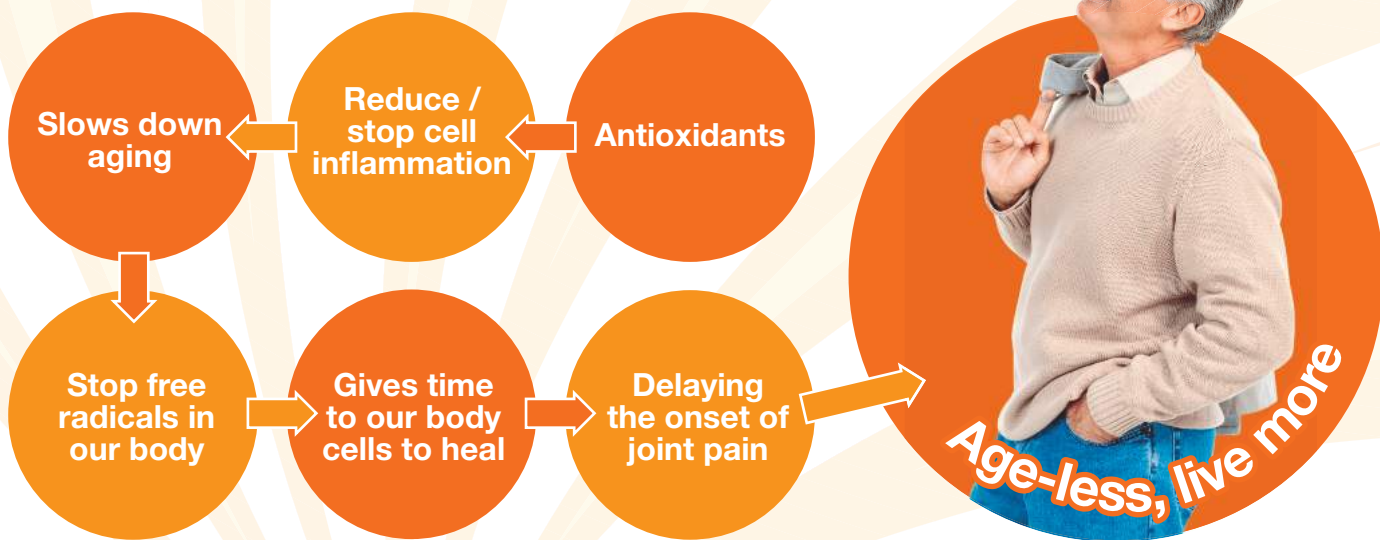
### PAINKILLERS ONLY PROVIDE TEMPORARY RELIEF

To date, there is no cure for joint pain despite medical advancement. In most cases, doctors will prescribe medication to relieve the pain. However, as soon as you forget or stop taking these medicines, the pain will return. Not to mention, taking such medicines may cause side effects such as nausea, vomiting, gastric, indigestion, diarrhea etc.



### ANTIOXIDANTS CAN DELAY THE ONSET OF JOINT PAIN

With no cure out there, the only thing we can do is to prevent or delay the onset of joint pain. Studies show that antioxidants can promote healthy joints by delaying the aging process.



### SO START TAKING FOOD RICH IN ANTIOXIDANTS!

Pomegranate, when compared with other fruits and even Vitamin E (which only has 330 ORAC, which is equivalent to 30% antioxidant potency of Pomegranate), Pomegranate has the highest antioxidants with 10,000 ORAC.

In pomegranate, its antioxidant potency can be found in the pulp, its seed and peel. We normally consume the pulp or squeeze them into juices, and the parts which we normally throw away are the seeds and peel. Interestingly, scientists have found that the peel actually has higher antioxidants than the pulp. **It has 10X more antioxidants** than the pulp. This is the main reason why it is bitter in taste. In its natural state, it is impossible for us to eat the peel. However, when the **WHOLE** fruit is extracted into a softgel, we can reap the benefits of the antioxidant (**punicic acid**) which is exclusive to pomegranate.

**Studies have shown that punicic acid helps reduce joint pain by up to 62% after 12 weeks! So, there's hope for us for a pain-free future.**

## NO MORE JOINT-PAIN!



### From numb to nimble!

Puan Masniyati Bahanurdin,  
Age 33, Selangor

I used to wake up with numbness around my fingers and get tired very easily. I also stay away from people who are sick as I can get infected easily. After taking Pomegranate Full Spectrum for only 1 month, I felt improvements. **My fingers feel nimble and flexible** when I wake up. The numb feeling is gone!

I also feel more energetic and I feel that my immunity is stronger as **I no longer fall sick easily**. I feel more alive and can accomplish my tasks with ease.



### Backache gone!

Puan Nor Siti Hawa Rosli,  
Age 39, KL

For a long time I have been suffering from severe backache and constant knee pain. Often, I get leg cramps and feel fatigue easily.

Just after 2 days of taking the Pomegranate supplement, my backache is gone! After 1 month, **I could climb the stairs with ease** and did not feel any knee pain. I have more energy and can go through my daily routine **without feeling tired or sleepy in the afternoon**.

# The Inspired Chef



This is one of the best cookwares I have ever used! Thumbs up for TupperChef Inspire Cookware, an intelligent cookware made affordable so that more people can enjoy easier and healthier cooking. A truly amazing product!



**ERIC TEO**  
Celebrity Chef & Culinary Consultant

Singapore Celebrity Chef Eric Teo shares easy, healthy and delicious recipes using the TupperChef Inspire cookware. Impress your guests with these simple yet deliciously impressive recipes!



## Lightly Marinated Soy Chicken Wing with Ginger, King Mushroom & Chestnut

**Preparation Time:** 20 mins

**Cooking Time:** 20 mins

**Portion Size:** 2 pax

### Ingredients

Chicken mid-wings	300/g	Hua diao chiew	5g
King oyster mushrooms	120g	Dark soy sauce	1 tsp
Chestnut (cooked)	50g	Light soy sauce	1 tbsp
Carrot	50g	Sesame oil	½ tsp
Ginger	5g		

### Preparation

1. Cut King oyster mushrooms and carrot into thick slices, and soak them in NANO NATURE filtered water.
2. Slice ginger.
3. Marinate chicken wings with hua diao chiew, dark soy sauce, ginger, light soy sauce and sesame oil. Set aside to marinate for 5 minutes.

### Method

1. Preheat TUPPERCHEF™ Inspire Fryer over high heat for 1 minute.
2. Place King oyster mushrooms, carrot, cooked chestnuts in the Fryer without adding oil. Place marinated chicken wings on top.
3. Cover with lid, close the valve, reduce to low heat, and cook for 20 minutes.

### Gourmet Secret

- Braised chicken wings are a traditional favourite that used to require long period of braising to inject flavour into them. Now, with TUPPERCHEF™ Inspire Cookware, you will only need a mere 20 minutes before you can enjoy deliciously braised chicken wings. An absolute efficient and time-saving tool!

### Tips

- If you like the chicken wings a little darker, you can add a little more dark soy sauce, while reducing the amount of light soy sauce.
- Try not to slice King oyster mushroom too thinly as you would want to enjoy its chewy texture.

Using TupperChef™ Inspire Sauce Pan



## Miso Cod Fillet With Asparagus & Tomato

**Preparation Time:** 15 mins

**Cooking Time:** 10 mins

**Portion Size:** 2 pax

### Ingredients

Cod fish (about 150g each)	2 pieces
US or Australian asparagus	100g
Tomato	50g
Japanese miso paste	20g
Mirin	10g
Sesame oil	5g

### Preparation

1. Sliced asparagus and soak them in NANO NATURE filtered water for 2 minutes.
2. Remove seeds from tomato and cut it into thick strips.
3. Place miso paste, mirin and sesame oil in a bowl and mix well. This will form the marinade.
4. Rub marinade on the cod fish and set it aside for 10 minutes.

### Method

1. Preheat TUPPERCHEF™ Inspire Sauce Pan for 1 minute, cover with lid.
2. Drain asparagus and place them together with some tomato slices into the Sauce Pan, without adding oil. Place marinated cod fish on top of asparagus, followed by the remaining tomato slices on top of the cod fish.
3. Cover with lid, close the valve, reduce to low heat, and cook for 6 minutes.

### Gourmet Secret

- Traditionally, you will have to cook the asparagus and fish separately, then before serving, assemble them together. But now, with the TUPPERCHEF™ Inspire Cookware, you can achieve simple and quick cooking by placing all the ingredients in the Cookware and heat till they are cooked. TUPPERCHEF™ Inspire Cookware makes cooking a breeze!

### Tips

- White miso paste taste slight sweet, and has a lower salt content, so if you do not have white miso, you may use other types of miso instead, but remember that other miso are much saltier, so adjust the amount to suit your own preference.
- Cod fish is a delicate fish and is easily overcooked. Once overcooked, it loses its natural flavour and becomes tough and dry. Usually, cod fish is done when the meat flakes easily with a fork.

Using TupperChef™ Inspire Fryer





# Information at the touch of your fingertips




## It's all there in the brand new Tupperware Brands App




 Have our latest catalogue in your hands and get updated on new products.

 It's so easy to share your favorite products with your friends.

 Product videos - see how our products work!

 Interested to join us? Contact us here!

 Looking for a Business Centre near you? Our GPS navigation will lead you there

## Download the App Today and Start Spreading the Word!

Now you can reach out to more customers!

- Use the mobile app to increase your reach. Always bring your smartphone along when you meet your customers. Show your customers the latest catalog via the mobile app.
- Talk about the app. Tell them how convenient it is – the catalog is always with you now! Show them how to use it. Help them save their favourite product into the 'Wishlist'.
- Get your friends and customers to download the app.

### Malaysia



### Singapore



Scan to download now OR go to AppStore / Google Play and search "Tupperware Brands" app.

# TOP 10

## BLOCKBUSTERS for 2013

Here's a round-up of our Top 10 best-selling product last year



1

Inspire Cookware Collection



2

Raya Cake Gift Set



3

Nano Nature Water Filtration System



4

Rice Dispenser



5

NaturCare™ BerryGen™



Rice Dispenser - Guacamole



7

Treasure Box



8

Water Day Set



9

Eco Bottle (4) 750ml



10

Fridge Water Bottle 2.0L

\* Top 10 blockbuster products are by value (RM)

# Have you achieved your bracelet yet?

Focus on **iroar** and be sure you're on your way to adorning yourself with these exquisite jewelry!

**R**ECRUIT • **O**N-BOARDING • **A**CTIVATE • **R**ETAIN



## A MUST-HAVE!

- These jewelry pieces are exclusively commissioned by our Chairman, Rick Goings
- You can choose to have either the silver bracelet or gold, or both!
- You can earn as many bracelets as you want!
- Charms are embedded with crystal stones for the added bling
- All the charms have special meaning
  - "T" is for Tupperware! 
  - Friendship Fountain is the bond that we share 
  - Hearts interlocking represents the love we share 



*\*Refer to Fact Sheet on TWBiznet or your upline for more information.*

*\*Actual may vary. Pictures shown are artists rendering and are not actual jewelry pieces at this time.*

Tupperware Brands Malaysia Sdn. Bhd.  
(287324-M) (A)IL9354Z  
6, Jalan SS13/4, Section 13, Subang Jaya  
Industrial Estate, 47500 Subang Jaya, Selangor.



Tupperware Singapore Pte Ltd  
85 Defu Lane 10,  
#01-00 Singapore, 539218



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